

Pre-congress Workshop Introduction to Clinical Research

Objective

This half day workshop is designed to give an introduction to common clinical research methodologies and practical advice on delivering a clinical trial at a local site. The methodologies include approaches that may be used in studies led by both NHS staff and clinical academics. A session focused on practical aspects of clinical trial delivery will allow clinicians wishing to be involved in national studies in their local units to have added confidence in Principal Investigator roles and residents supporting recruitment and other studies processes. This workshop will engender an improved understanding of clinical research, supporting the ability to critical appraisal of the evidence that informs our clinical care, as well the confidence to contribute to the evidence of the future.



Provisional programme*

12:00-12:25 Coffee & Registration

Session 1: Clinical Research Methodologies

12:25-12:35 Welcome, Introduction & Objectives

12:35-13:00 Systematic review and meta-analysis

13:00-13:25 Data linkage studies

13:25-13:50 Clinical Trials

13:50-14:15 Diagnostic accuracy studies

14:15-14:40 Coffee break

Session 2: Practicalities of Clinical Trials

14:40-15:00 Lifecycle of a clinical trial

15:00-15:20 Recruitment and retention

15:20-15:40 Clinical trial regulation, oversight and reporting

15:40-16:00 Working with industry

16:00-16:20 Help I'm PI!

16:20-16:30 Q&A and Close

* The programme is currently provisional and may be updated as planning progresses.

**Tuesday, 28th
April 2026**

Start time: 12:00

End Time: 16:15

**Registration
fee: £100**

**Maximum
delegates: 50**

Address:

Albert Room,
The QEII Centre,
Broad Sanctuary,
Westminster,
London SW1P 3EE

Course organiser:

> Lucy Whitaker

Register here

Delegates will be able to claim
4 CPD credits for attendance.

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Who should attend?

Clinicians and nurses wishing to be more research active. Aspiring or current Principal Investigators. Residents considering Out of Programme Research, current research fellows and those wishing to improve their understanding of evidence-based medicine. This course addresses all components of research skills section in CIP 7: Innovation and research of the RCOG ePortfolio.

