

Endometriosis Enhanced Care Course

This will be a single module, taught with a blended approach, utilising online learning platforms, and virtual join sessions. There will be 5 blocks, each with a taught day, and will culminate in an assessment day.

Course Learning Outcomes

- Critically analyse endometriosis and treatment options, including the complexities and challenges in managing this condition
- Enhance knowledge of evidence-based practices in providing holistic care for individuals with endometriosis, focusing on both physical and emotional wellbeing
- Apply advanced clinical reasoning and evidence-based approaches to assess, plan and implement nursing care for patients with endometriosis
- Navigate the complexities of treatment options for endometriosis, ensuring comprehensive nursing care that considers patient preferences, treatment outcomes, and potential challenges
- Demonstrate leadership in addressing health biases and inequalities, fostering inclusive care practices that promote equity and improve patient outcomes

Block 1 – What is endometriosis and endometriosis management

- Demonstrate understanding of the pathophysiology of endometriosis
- Demonstrate an understanding of the complexity of diagnostics in endometriosis
- Understand and evaluate treatment options from the clinician and patient perspectives, and be able to make appropriate decisions for option selection
- Demonstrate understanding of the complexity of pain assessment, as well as pharmacological and non-pharmacological pain management techniques in endometriosis care

Block 2 – Non-gynaecological referrals and considerations

- Demonstrate understanding of the direct and indirect impact of endometriosis on colorectal, urological and thoracic structures
- Demonstrate understanding of the complexity of multi-organ disease and symptoms
- Understand the surgical and logistical complexities, and the uncertainty of outcomes in complex, joint surgeries
- Understand the evidence for, and roles, of supportive therapies in the management of endometriosis, and long terms care

Block 3 – Living with endometriosis

- Understand the impact of endometriosis when decision making around treatment options in different life stages
- Apply this understanding when decision making around treatment options in different life stages
- Understand the complex impact of endometriosis on psychosexual health

Block 4 – Psychosocial impact

- Discuss the uncertainty around social media influence and endometriosis
- Understand the complex impact of endometriosis on psychological health
- Demonstrate understanding the experience of living with endometriosis
- Understand the challenges and barriers faces by specific cultural and socioeconomic groups in accessing healthcare

Block 5 – The role of the CNS

- Understand the complex role of the Endometriosis CNS
- Demonstrate culturally sensitive communication skills
- Understand the challenges of navigating the complexities of endometriosis services