# **Diagnostic Laparoscopy Consent Form**

This form should only be used if the patient has capacity to give consent. If the patient does not legally have capacity, please use an appropriate alternative consent form from your hospital or hub.

**Note to patients:** Please note it is common NHS practice for a patient's consent to be taken by a clinician other than the operating or listing surgeon. This clinician will be suitably trained and competent to take your consent. They will be referred to as your 'responsible healthcare professional' in this form.

You may have questions before starting, during or after your procedure. Contact details are provided for any further queries, concerns or if you would like to discuss your treatment further.

Patient details (	(print or sticker)		
First name:  Date of birth:		Patient identifier:	
Special requirements	S: e.g., transport, interpreter, as	ssistance	
Details of a diag	nostic laparosco	рру	
Diagnostic laparoscopy procedure:	This procedure involves keyhole surgery to view the organs in your tummy (abdomen) and pelvis. The benefit of this procedure is to identify the cause of symptoms. The operation uses a small telescope inserted into the belly button and 2 to 3 more small cuts through which surgical instruments are inserted into the tummy. Treatments can also be undertaken if abnormalities are found.		
Extra procedures:	Dye hydrotubation (dye passed though the fallopian tubes to see if they are blocked or open)  Other procedures:		
Indication for, and purpose of surgery: (Tick as appropriate)	ovaries or hormones produ  Subfertility	e and/or treat pelvic pain thought to be related to problems affecting the uterus and/or ormones produced by the ovaries.  rtility e and/or treat potential causes of subfertility or to improve outcomes from IVF (in vitro	
Alternatives considered: (Tick as appropriate)	Conservative management  Conservative management is a term used when a condition is managed without surgery or other invasive procedures or surgical treatments		

Medical management
Medical management is a term used when a condition is managed with medications, such as pain killers or hormonal treatment.
Intrauterine system insertion
This involves placing a small T-shaped plastic device inside the womb (uterus), which releases a contraceptive hormone called progesterone. This hormone, which is released into the uterus and pelvis, can be useful for treating heavy periods and pelvic pain.
Other(s)

### Surgical care during the coronavirus (COVID-19) pandemic

During the current coronavirus pandemic there are additional considerations regarding having an operation in a hospital or hub. We need to make you aware that your surgical care may be disrupted, delayed or performed different during the pandemic.

Despite precautions, coming into hospital might increase your chances of contracting COVID-19, and if you come into the hospital and test positive your operation may be cancelled. If COVID-19 infection occurs when you have surgery or while in hospital, this could make your recovery more difficult, or increase your risk of serious illness or death.

We will do everything we can to perform your operation, keep you safe, and to provide you with information at all stages. Your hospital or hub site will provide you with key information regarding infection control, risks and responses and any further relevant information to you.

#### **Additional resources**

Information for you after a laparoscopy – Royal College of Obstetricians and Gynaecologists

### https://www.rcog.org.uk/en/patients/patient-leaflets/laparoscopy/

If you do not wish to access the additional patient information contained within this consent form digitally, please speak to your responsible healthcare professional and they will provide you with a hard copy. This will be provided in a language and format that suits you.

### **Anaesthesia**

Anaesthetic is used to allow surgery to take place painlessly. It may include medicines that put you to sleep, or those which only numb the area being operated on while you remain awake. This can be done in various ways and your anaesthetist will advise you on your options and talk to you about the risks, complications and benefits of your choice. There is no legal requirement to obtain written consent for the type of anaesthesia given to a patient; this section of the consent form is for your information only.

On the day of surgery, an anaesthetist will discuss anaesthetic options and risks with you. This is a shared decision-making process, and you will jointly decide and agree the anaesthetic option that is best for you. Please remember that if there are any complications during surgery, your anaesthetist may need to alter the type of anaesthesia and they will explain this to you during the procedures.

For further information about the types of anaesthetic you may receive, and potential risks, please see the information below.





https://www.rcoa.ac.uk/documents/anaesthesia-explained/typesanaesthesia

https://www.rcoa.ac.uk/sites/default/files/documents/2019-11/Riskinfographics\_2019web.pdf

If you do not wish to access the additional patient information via link or QR code, please speak to your responsible healthcare professional and they will provide you with a hard copy. These will be provided in a language and format that suits you.

TO BE FILLED OUT BY CLINICIAN ON T	THE DAY OF SURGERY:
Name of anaesthetist on the day:	Date:
☐ I confirm I have discussed the different anaest we have jointly decided the preferred anaesthet	thetic options with the patient, including risks and benefits, and tic.
	esia as discussed between the patient and anaesthetist below:
riease note the preferred methods of anaestine	esia as discussed between the patient and anaesthetist below.
·	ddition to those described on this form that may become necessary cedures <b>YOU DO NOT WISH TO BE CARRIED OUT</b> without further

# Immediate risks (during the procedure)

# (Your responsible healthcare professional will delete as appropriate)

Expected			
Common (more than 1 in 20)	Unable to access the abdominal cavity  Sometimes, during keyhole surgery, it can be difficult to gain access to the abdominal cavity. When this happens, the procedure has to be abandoned and cannot go ahead. Your clinical team may instead decide to complete the operation with an open approach. An open approach involves making a larger cut on the skin and will leave a larger scar. However, while failure to gain access the abdominal cavity with a keyhole procedure is common, it is rare to change to an open approach.		
Uncommon (fewer than 1 in 20)	Excessive bleeding Some bleeding is expected during most procedures. However, if there is very heavy bleeding, this may require a change from the planned procedure, such as switching to open surgery and/or additional treatment, such as repairing or closing up major blood vessels, using blood-clotting agents, or a blood transfusion.		
Rare (fewer than 1 in 100)	Perioperative risks (risks around the time of your operation) With any operation, there is an increased risk of several perioperative complications. These include allergies and risks of having an anaesthetic, which will be discussed with you by an anaesthetist. Other complications include a chest infection, problems with the heart (including a heart attack), stroke, memory problems or worsened kidney function. Any existing medical problems could also get worse. You might need to stay in hospital for longer, or need additional treatment. In some cases, you will need admission to intensive care, and the complications may be life-threatening.		
	Damage to surrounding structures  Other nearby organs and structures are at risk of being injured during surgery. For this operation, there is a risk of injury to the bladder, the ureters (the tubes that carry urine from the kidneys to the bladder), the bowel and major blood vessels in the area. A significant injury would usually be repaired immediately and need a larger cut in the tummy (open surgery). Repair of a damaged organ usually just requires some additional stitches, but other measures may be needed, depending upon the type of injury:  - A bowel injury may require a stoma – this is when a hole is made on the front on your tummy (abdomen) to divert faeces or urine into a bag outside the body. The hole is normally closed after a few weeks or months, but a second operation is needed to do this.		
	<ul> <li>If your bladder is injured, you would usually have a catheter inserted for 7–14 days after surgery.</li> <li>If your ureters are damaged, you may need a tube (stent) put inside the ureter, which would be left in place for several weeks. Alternatively, a new opening would be made in the bladder to reattach the ureter. Uncommonly, a stoma might be created.</li> </ul>		
	There is a risk of damage to another structure not being noticed at the time of surgery. This would lead to symptoms in the days following surgery, and possibly further surgery.		
Specific risks to you from your treatment (to be input by your responsible healthcare professional)			

# Early and late risks (in the days, weeks or months after the procedure)

## (Your responsible healthcare professional will delete as appropriate)

### **Expected**

#### Abdominal and shoulder tip discomfort

Discomfort is a feeling of being uncomfortable, often because of pain, irritation or stiffness. It is normal to have some discomfort for a few days or weeks after a procedure or operation. Pain relief options will be discussed with

Discomfort after keyhole surgery can occur in the tummy (abdomen) or at the tip of the shoulder. Shoulder tip pain can be caused by the gas used to inflate the abdomen during keyhole surgery,

### Common

#### Wound infection

(more than 1 in 20)

A wound infection is an infection of the skin or underlying tissues. It occurs where a cut has been made, often causing redness or swelling. It may require treatment with antibiotics. Occasionally, infected fluid (pus) may need to be drained, or you might need further surgery. The risk of developing a wound infection is higher in some patients, including those who are obese, smokers, and patients with diabetes.

#### Urinary infection

A urinary tract infection (UTI) is an infection of the urine. It often leads to discomfort when passing urine and can make you feel like you need to pass urine more often. UTIs are usually treated easily with antibiotics, but can sometimes lead to more serious infections, including blood infections (sepsis).

#### Uncommon

#### Urinary retention

Urinary retention is the medical term for being unable to pass urine to empty your bladder. If this happens, you will (fewer than 1 in 20) usually have a temporary catheter fitted into your bladder to allow the urine to drain out.

#### Continuing symptoms

Despite the procedure, the symptoms may continue. Sometimes this means you might need further tests, or other treatments might be recommended. Occasionally symptoms that seemed to get better after the procedure can come back months or years later.

#### Hernia from a keyhole cut (port site)

A hernia is when a part of the bowel pushes through the muscles in the tummy (abdomen), often causing a lump. A port-site hernia is a hernia at the site of previous keyhole surgery. Bowel can get trapped in a hernia, so more surgery may be needed to repair the hernia.

#### Rare

(fewer than 1 in 100)

#### Blood clots (deep vein thrombosis or pulmonary embolus) (1 in 300 chance)

Blood clots can form in the veins of the legs (deep vein thrombosis), causing pain and redness in the leg. These are more likely to occur after an operation, when people move around less. These clots can occasionally travel from the legs to the lung (pulmonary embolus) and can cause problems with breathing. Clots in the leg or lung require treatment such as with blood-thinning medications. Your risk of developing clots is reduced by getting moving as soon as you can after an operation. You may be advised to wear compression stockings or calf compression pumps and have blood-thinning injections following surgery.

There is a risk of dying either as a direct result of the procedure or treatment, or from complications in the following days or weeks. The risk depends on many factors, including your age and any underlying medical problems you may have.

Specific risks to you from your treatment (to be input by your responsible healthcare professional)

Patient name:	Patient unio	jue identifier:	
Statement of health pr	ofessional		
<ul> <li>I am suitably trained and con requirements of my regulator</li> <li>I have discussed what the tree</li> </ul>	npetent and have sufficient knowledge y body. eatment is likely to involve, the benefi nefits and risks of any available altern	to consent this patient in line with the ts and risks of this procedure.  ative procedures or treatments including no	
Patient information leaflet provide	d: No - Details:		
Copy of consent form accepted by	patient: Yes No		
Signature:	Date:	Date:	
Name:	Job title:	Job title:	
Statement of patient			
	ve any further questions, do ask – we are he e your mind at any time, including after yo		
<ul> <li>I agree to the course of treatment described on this form.</li> </ul>	<ul> <li>I have been told about additional procedures that are necessary prior to</li> </ul>	identified.  I agree that my health records may be used by authorised	
<ul> <li>I have had the benefits and possible risks of treatment explained to me.</li> </ul>	treatment or may become necessary during my treatment. This may include	members of staff, who are not directly involved in my clinical care, for research approved by a research	
<ul> <li>I have had the opportunity to discuss treatment alternatives, including no treatment.</li> </ul>	permanent skin marks and photographs to help with treatment planning and identification.  for research approved by a research approved by		
If I have agreed to be awake, I communicate to the clinical team that the procedure is too painful or distressing, then the procedure will be stopped immediately and rescheduled with alternative	<ul> <li>I understand that there may be people present for my procedure who are learning, such as junior doctors, medical students, and trainee nurses, and that I may decline to have any of these people present.</li> </ul>	specific data will be collected and may be used in the context of providing clinical care, in compliance with the Data Protection Act (2018).	
pain management.  I understand that a guarantee cannot be given that a	I agree that people who are learning, such as junior doctors, medical students and trainee nurses	understood pages 1 to X of the consent form above.  Please inform your responsible	

particular person will perform the procedure. The person will, however, have

appropriate expertise.

I understand I have been/will be given the opportunity to discuss my anaesthetic options with an anaesthetist, or my pain management options with a clinician (if I have agreed to be awake), and we will jointly decide which option is best for me. I understand that the type of anaesthesia may need to be altered if there are any complications during the procedure.

may participate in examinations if supervised by a fully qualified professional.

 I understand that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.

I understand that information collected during my procedure/ treatment, including images and video, may be used for education, audit and research (which may be published in medical journals). All information will be anonymised and used in a way that I cannot be

healthcare professional if you wish to withdraw consent for information use.

# **Statement** of interpreter/ witness (where appropriate)

□ I have interpreted the information contained in the form to the patient to the best of my abilities and in a way in which I believe they can understand.

or

Patient name:	Name:	Patient unique identifier: Signature
I confirm that the patient is unable to	radine.	
ign but has indicated their consent.		
Tick if relevant		
☐ I confirm that there is no risk that	Leguld be predi	nant .
	-	
		onal and/or your clinical care team on the day of your procedure ancy test may give a negative result if a pregnancy has occurred
within 2 weeks of the test.	ote that a pregn	ancy test may give a negative result if a pregnancy has occurred
		Dete
		Date:
Name (PRINT):		
Signature:		