

I would like to thank BSGE for providing me the opportunity to be with an international experts in gynaecological laparoscopy at Clermont- Ferrand France. It was a great experience for me.

They provided not only the theoretical and practical training but also the opportunity to obtain the European certification in gynaecological endoscopy at the end of these 2 weeks of training.

During the interactive theoretical sessions they covered various surgical techniques in gynaecological endoscopy with national and international experts and surgical demonstrations. It was a great experience to see different surgical techniques and to compare it with the current practice in UK. Practical sessions included training using pelvi-trainers for laparoscopic suturing and anaesthetised live animal models (pigs).

For the european certification we had 2 hours of theoretical examination and the score has to be above 50%. The 3 hour practical examination was an objective assessment of performance in 3 exercise modules (LASTT, SUTT, HYSTT). These correspond to the skills required for navigation, coordination and manipulation of objects and sutures on a pelvic-trainer (LASTT, SUTT) and basic skills on a hysteroscopy model (HYSTT). Results are then entered in the scoring platform. The examination results were analysed by comparison with those of a standard population assessed previously.

I also had the opportunity to meet and to exchange knowledge and experience with trainees from different countries. Trainers were very friendly and approachable and they were willing to guide us.

Clermont ferrand is a beautiful city in central France which is famous for the chain of extinct volcanoes that ring the city.

Overall it was an excellent opportunity to visit and explore centres outside UK and I am really grateful to BSGE for providing me this great opportunity.