

# THE SCOPE

Newsletter of the British Society for Gynaecological Endoscopy



## **BSGE ANNUAL SCIENTIFIC MEETING** CORNWALL 17-18 MAY 2016



BRITISH SOCIETY for GYNAECOLOGICAL ENDOSCOPY

Issue 3 | Spring 2016



2016 Annual Scientific Meeting

Training in Endoscopic surgery  
“from shifting sands to  
firm foundations”

May 17th & 18th 2016  
Cornwall

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## Welcome to the third issue of The Scope, BSGE's newsletter.



Dear friends and colleagues,

Since its launch of our newsletter, many of you have been very kind with your encouraging comments. I am grateful for the work that the website and communication team has put into this and particularly to Atia Khan who does most of the work and doesn't expect any credit for it. This couldn't have been done without her.

Having said that, I believe we can do much better than this but we need more engagement and help from you all. We now have more than 1000 members and I am sure many of you want to be more involved with the work of your society but just don't get round to getting in touch. Can you please send me a short email NOW if you are interested in being involved with the website and/or the newsletter.

My personal email is [s.khazali@me.com](mailto:s.khazali@me.com)

I am delighted to have Professor Justin Clark on the editorial board now. Justin is a great asset on the BSGE board and looks after research and audit portfolio and I am certain The Scope will have a boost with him on board.

From the next issue, there will be a new section called "opinions". This is a space to publish, ...well, opinions. Opinions can come from any of the members and can be about anything related to gynaecological endoscopy. So if you have something you want to submit for this section, please send it to me or Atia.

Finally don't forget to vote, the council election is open now, you will receive an email telling you how to vote, using our new web-based voting system. I hope to catch up with you in Cornwall for the upcoming ASM in May.

### **Shaheen Khazali**

Chair, BSGE website and communications

P.S. See the advert for positions on for associate editor for website and newsletter and drop me a line if you're interested.



# WEBSITE

## What is going on with the current website?

You will have noticed that the members section of the BSGE website is out of action. This means that you will not be able to access areas of the website that requires members login. This is to keep the members database safe while we make the move to the new and more secure website.

Thank you for bearing with us while we make the move. The new website should be up and running in May. Foremedia, the company that looks after our current website looked into this carefully and assures us there is no evidence that the database has been breached or that any personal information was accessed.

After weighing all options to make the site secure, we came to the conclusion that as the website infrastructure is quite old, the safest thing to do, to protect our members' data is to shut the database down and wait for the new secure website to be up and running in May.

The new website will use a completely different platform that is used by many large companies and is considered very secure. We have been assured by our new web developers, Akiko, that the new website will be highly secure.

## Positions open

### 1- Associate Editor Video Library

### 2- Associate Editor Website and discussion forum

We are looking for two active and enthusiastic BSGE members – Consultant or trainee of any seniority to join us on the Website and Communications Committee. Good IT skills are essential.

If you are interested, please email Shaheen Khazali directly on [s.khazali@me.com](mailto:s.khazali@me.com) with a summary of your CV and a brief explanation of what you can bring to the committee.

The successful candidates will:

- Contribute and coordinate content generation for the website, Video library and newsletter
- Take charge of and run respective sections of the website and newsletter

**Shaheen** – [s.khazali@me.com](mailto:s.khazali@me.com)

## What is going on with the new website?

We have been working on developing a new website for some time now. We now have funding agreed and completed the selection process and chose Akiko as our new web developers. The work is well under way and the new website is due to be launched at the Cornwall meeting in May.

It will have:

- A fresh and modern look
- Mobile responsive (compatible for access from phone or tablet)
- Single log-in for members area and video library
- Personal profile for members and ability to personalise and connect to other members
- Designed with members engagement in mind
- Secure
- User-friendly

## Do you have any nice pictures for the new website?

We need to build an image bank to give our new website a fresh look and to keep it changing by using new images periodically. We could buy stock pictures (like the ones you see on most websites, models with a big smile!) but that wouldn't be genuine, we want pictures of our own members. Do you have any nice pictures that we could use?

These can be:

- Group pictures of you and your colleagues (providing they all are happy to appear on the website)
- Pictures you have taken during any of the BSGE conferences in the past, for example, picture of a speaker on the podium or picture of you in the venue
- Pictures of you at work,
- Interesting laparoscopic or hysteroscopic pictures

Or anything else you think would be interesting to go on the website. Of course no patient should appear on these pictures (unless they have given their explicit consent)

Please send me your pictures by the end of April. We will then sit with the graphic design team and select the ones we want to use and let you know.



# PRESIDENTS MESSAGE



**This is my last contribution to the Scope as the president of British Society for Gynaecological Endoscopy. I will be handing over the presidency to our President-Elect Dominic Byrne during our Annual Scientific Meeting in Cornwall.**

After a very busy 2015 for the BSGE, 2016 started even busier. Firstly, we registered more new members and passed the 1000 member landmark in January of this year! This means that we have doubled the number of members in the last five years.

We selected the successful candidates for the Trainees' Advanced Laparoscopy Training Programmes generously sponsored by Ethicon and Olympus UK. We received 110 applications in total and were able to accept 36 of these trainees onto the two programmes. The successful trainees will complete four modules at different locations in the United Kingdom and Europe under the supervision of BSGE Faculty during the course of 2016. We hope to increase the number of places available next year, as the programmes proved to be very popular. This is yet another indication that interest in endoscopic surgery in the UK is high and that the BSGE initiatives are successfully responding to the demand.

We also launched the National Laparoscopic Hysterectomy Training Programme (LapHyst) for consultants this year. Applications will have closed for the first pilot programme by the time you read this issue of the Scope and the second pilot will have been announced. Training of the faculty is already underway with support from our colorectal surgeon colleagues who successfully ran the LapCo programme. After the initial pilots, we will roll out the programme with higher number of places.

You will have seen the activities around organisation of our Annual Scientific Meeting (ASM) in Cornwall. I am pleased that we have a dedicated website ([www.bsge2016.org](http://www.bsge2016.org)) for the ASM and you will be able to see the details of the programme for the pre-congress courses and the main programme, as well as registration and abstract submission details. The accepted abstracts will again be published in our official journal Gynaecological Surgery. We are running the popular Hands-on-Training Course this year again on the 16th May and there will be an Endometriosis Nurses Study Day during the main meeting.

Preparations are already under way for the Joint RCOG/BSGE ATSM Benign Abdominal Surgery: Open and Laparoscopic Theoretical Meeting. We will also have dedicated BSGE sessions in the main programme of the RCOG World Congress in June in

Birmingham and RCOG Professional Development Conference in November. As some of you are aware, we are running a second practical course for the ATSM Hysteroscopic Surgery this summer due to high demand and will run the usual main theoretical course and its practical component later in November.

The Joint BSGE/RCOG Guideline on the Management of Endometrial Hyperplasia has just been released after a thorough analysis of the literature and I expect many of you will find it useful in your clinical practice. We are currently developing two more evidence based guidelines and these will be released in due course.

The video recording of the 2015 Silver Jubilee Meeting is now available to our members via our website. I hope you will be able to see and enjoy the presentations you missed or want to hear again.

We are currently developing a new website which will bring a contemporary look but will also be more functional. We will be happy to hear any suggestions you may have for our new website.

The BSGE Council will have an 'away day' before the ASM in Cornwall and we hope to discuss the progress of our current projects, as well as new developments in that meeting.

Elections for the BSGE Council are currently under way. I expect there will be many applications for the positions which will be available after the ASM and I encourage you to use your vote to ensure we elect the candidates which represent the choice of our membership.

Finally, I am sure you will agree with me that our society has grown rapidly and become highly influential both nationally and internationally. I am confident that the future leadership will maintain this momentum and bring the BSGE to new levels. I wish them much success and have no doubt that the future is bright for the BSGE and its membership.

With my best wishes to you all and hope to see many of you in Cornwall.

**Ertan Saridogan**  
President, BSGE

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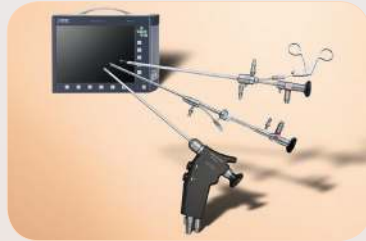
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# MESSAGES

## Message from the Honorary Secretary to the BSGE

Moving into 2016 there has been a lot of activity at the BSGE. Membership is at an all time high and its election time once again, use your vote to elect your representatives on Council.

Maybe you would like to contribute more to our Society by contacting me at BSGE and I will advise on how you can do this.

Registration for the ASM in Cornwall is open and we are all looking forward to an excellent meeting. If you haven't yet registered then please do as places are limited. There are many BSGE training courses running including the Oxford Anatomy Course, the Ethicon and Olympus trainees programmes and the Laphyst project has been announced.

Watch the website for updates on the application process for delegates and also those of you wishing to be trained to contribute by teaching on the Laphyst course. We are running Training the Trainers courses in preparation for the first cohort being taken through the training programme. You will be hearing more about this exciting project at the ASM.

If you have any ideas for the BSGE to consider please feel free to contact me with your thoughts. I am organising a Council away day meeting in May and we are happy to discuss members ideas. Our Society is growing and improving and your help is invaluable.

So don't forget to register for Cornwall and place your online vote for the Council elections through the new BSGE website.

**Mark Whittaker**

Honorary Secretary to the BSGE



# PORTFOLIO REPORTS

## Message from the Industry Relations Chair to the BSGE

The BSGE's relationship with industry continues to go from strength to strength. This allows the society to stage first class scientific meetings as well as run advanced training programme in laparoscopic hysterectomy supported by both Ethicon and Olympus.

Support for the Annual Scientific Meeting in Cornwall has been outstanding. We would particularly like to thank our platinum sponsors for this meeting Covidien/Medtronic, Ethicon, Karl Storz, Olympus Medical and Stryker UK. Other sponsors include Braun Medical Ltd., Espiner Medical Ltd, ConMed UK, Hologic, Kebomed UK, Lotus (SRA Developments), Smith & Nephew, Stericom Ltd and Teleflex Medical UK.



In addition this year the BSGE, in collaboration with the RCOG, will be running a one day symposium at the RCOG on 'Modern Management of Fibroids'. This will be held on Friday 4th November. This has also been well supported by industry and there are only a few sponsorship packages left. If you know of any company who may wish to sponsor this meeting please advise them to contact Tyrone Carpenter ([tyrone.carpenter@poole.nhs.uk](mailto:tyrone.carpenter@poole.nhs.uk)) or Ursula Samson ([USamson@RCOG.ORG.UK](mailto:USamson@RCOG.ORG.UK)) as soon as possible.

The BSGE is always looking at ways to enhance industry relations so if you have any ideas or suggestions please let us know.

**Tyrone Carpenter**

Industry Relations Chair to the BSGE



# PORTFOLIO REPORTS

## Laparoscopy Training

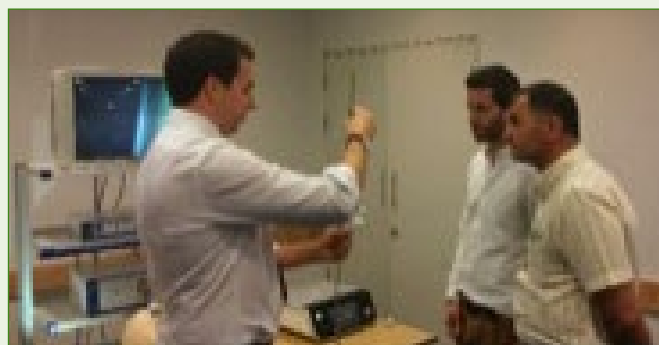
The Joint BSGE / RCOG Benign Abdominal Surgery ATSM course was held on the 21st and 22nd September 2015. This was a 2 day theoretical course. This year we added a trial of Hands on Workshop which was optional for the candidates. We had a very good response and most of the candidates were able to attend (70).

The feedback was very good and 82% of the candidates wanted to have a practical workshop included with a future course.

At the course there were several stations which included hands on training and experience with suturing and learning the different modalities of energy on tissue.



### Pictures of some of the suturing stations



### Some of the Energy stations that were used to demonstrate advanced bipolar and ultrasonic energy

In view of this the organisers for the next course (Mr Saikat Banerjee, Mr Ertan Saridogan and Mr Sameer Umranikar) are working on a proposal to hold a 3 day course in September this year. The first 2 days will be theoretical and third day will be for hands on training. This will include demonstration and practice of suturing, undertaking the LASTT and SUTT programs from the European Academy, demonstration of different energy modalities and practical workshops on stack system, video editing and use of different laparoscopic instruments.

This will give an opportunity for candidates to undertake useful practical training following a 2 day theoretical course.

### Sameer Umranikar

Laparoscopy Training Portfolio Chair





# PORTFOLIO REPORTS

## Endometriosis Centres

The annual accreditation report was completed in January and it was very pleasing that all accredited centres successfully completed the accreditation process for this year.



From the provisional centres in 2015, four centres were unsuccessful and have been removed from the database but 3 other provisional centres have started data collection for this year. In total we now have 50 accredited centres which has remained fairly static over the past 2 years and is the number projected to be required based on population modelling with each centre seeing approximately 50 cases per year. In addition to numbers, we have also published follow up completion for each centre so they can see how well they perform with this. The introduction of email follow up and automatic reminders on the database will hopefully improve performance in an area that has been open to criticism.

Exemplar videos are due to be submitted by the end of April to support accreditation for 2016 and next year we will introduce accreditation based on numbers per surgeon rather than numbers per unit.

We anticipate the publication of the first 2 scientific papers this year based on the data from the project and presentations at the ASM in May and RCOG world congress in June.

Individual centres are also beginning to analyse their own data which is encouraging and will give relevant information that can be shared with their patient groups. We also hope this will be seen in presentation form at relevant meetings to encourage discussion on the centres project.

We look forward to the forthcoming ASM in Cornwall where we have breakout sessions for endometriosis centres and for endometriosis nurse specialists.

**Chris Guyer**

Endometriosis Centres portfolio Chair

## Nurses AND Paramedics

### Caring for Women with Endometriosis Module

The last module took place on 7th – 12th September 2015 at The Royal Surrey County Hospital RSCH and the University of Surrey. This six day course, accredited through the University was an intense week, ending with a fantastic presentation from every member of the group – consolidating their learning and journey. For more information about this year's module please contact Wendy Mitchell [wendymitchell1@nhs.net](mailto:wendymitchell1@nhs.net)



### RCN/BSGE Clinical Nurse Specialist Endometriosis CPD (continuing professional development) event

The first training session for Endometriosis Clinical Nurse Specialists took place at the Royal College of Nursing on Friday 20th November, with 43 nurses attending. The event which was a mixture of clinical lectures (Imaging, pain management and audit) and role development workshops, proved to be a huge success. The workshops and networking have provided the organising committees with the background information on which to base future training sessions and meetings.

### 13th Annual Nurse Hysteroscopy Meeting

This meeting took place at Bradford University on Friday March 4th 2016. There is a full report for the event in this issue.

### Annual Scientific Meeting 2016

'From shifting sands to firm foundations'.

### 17th May Endometriosis Nurses training day

A full programme is being organised with some exciting and interesting lectures including HRT and surgical menopause, CNS input/care of women following bowel resection, psychosexual counselling and chronic pain.

### 18th May Hysteroscopy Nurses breakout session

This session will reflect on development and improvement, including lectures about research, morcellation, neuropathic pain and group sessions around guidelines and service development. All in all it sounds like a meeting not to be missed!

**Gill Smith** Nurse and Paramedic Portfolio Chair

# LIVE LAPAROSCOPIC SURGERY MASTERCLASS

**Postgraduate Centre, Royal Cornwall Hospital, Truro, TR1 3LJ**  
**Monday 16th May 2016 | 10:00hrs - 17:00hrs**

**Course fee £75 if payment received before 16/04/2016, £100 thereafter**

*Includes catering throughout the day and transport to Bedruthan Hotel (if booked in advance) at the end of course.*

Live laparoscopic surgery will be video streamed from two Integrated Laparoscopic Theatres at the Royal Cornwall Hospital to a dedicated lecture theatre onsite. A facilitator will guide the viewing audience between the two operating theatres' video streams to optimise opportunities and ensure a continuous programme. The audience can communicate with operating surgeons to ask questions and ensure full understanding of the procedures. In addition unedited video from the faculty of complex Laparoscopic procedures will be shown to supplement the live programme, maintain continuous viewing and broaden the range of procedures presented.

## **Procedures being planned include:**

- Total Laparoscopic Hysterectomy • Sub-Total Laparoscopic Hysterectomy with in bag morcellation
- Laparoscopic Sacrohysteropexy • Retroperitoneal pelvic dissection and ureterolysis
- Laparoscopic excision of severe rectovaginal endometriosis including segmental bowel resection

## **Faculty**

**Royal Cornwall Hospital** Mr Dominic Byrne Consultant Gynaecologist – *Endopelvic Surgeon*  
Mr Tom Smith-Walker – *Consultant Gynaecologist*  
Mr Richard Keedwell – *Laparoscopic Training Fellow*

**Royal Devon and Exeter Hospital** Mr Ben Peyton Jones – *Consultant Gynaecologist*  
Mr Jim Clark – *Consultant Gynaecologist*

There is a limited number of places, so bookings will be accepted in order of application on receipt of payment. If booking is accepted but there is no space the course fee will be returned. To use the transport from Royal Cornwall Hospital to Bedruthan Hotel delegates **must book this** when booking the masterclass. Individuals who have not booked may not be able to use the transport. In the unlikely event of cancellation of the live surgery, the course will proceed with unedited video of complete procedures instead and the course fee will not be reimbursed.

With grateful thanks to Lotus and Espiner Medical who have generously supported this course.

**Lotus** 



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# PORTFOLIO REPORTS

## Trainees

It has been a successful and active period so far for trainees

### Collaboration with YEP

The ASM in London was very well attended at the trainees session and represented our first collaborative meeting in the U.K with the young Endoscopist Platform (YEP). We aim to strengthen this relationship giving trainees alike an opportunity to meet and discuss training within gynaecological endoscopy. It will also enable more overseas fellowships, and trips to observe experts in other European countries more easily accessible.

### BSGE Presence at RCOG medical students and Junior doctor's day's

The BSGE continues to have presence at the RCOG medical students' careers day, trying to encourage more students to join our speciality and subspecialty. The laparoscopic simulation sessions were well attended by students, and continue to create excitement and interest. As a result of this and to maintain enthusiasm, the BSGE now include FREE membership to medical students.

In addition to the medical students' day at the RCOG we represented the BSGE at the RCOG junior doctors' careers day which was last held on Saturday 21st November 2015, at the College. Again this was the most visited workshop and highlights the importance of encouraging junior doctors in to our speciality. *RCOG 21/11/15 – BSGE session, Junior doctors careers day.*

### Sponsored Advanced Laparoscopy Courses for Trainees

The BSGE this year also are in the process of selecting 36 successful trainees who will attend the sponsored advanced laparoscopy courses spread over a few days, concentrating on laparoscopic hysterectomy and advanced energy devices (12 sponsored by Olympus and 24 by Ethicon). These courses are brilliant as a training opportunity and again continue to be highly subscribed.

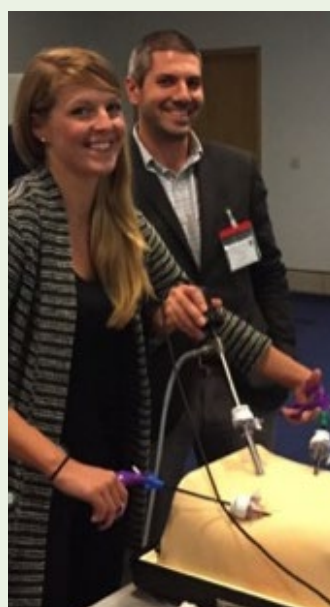
### Fresh Cadaveric Laparoscopic Anatomy Course

The next highly subsidised course by the BSGE that will run in Oxford will be the workshop on Fresh Human Cadaveric Laparoscopic Anatomy and Advanced Gynaecological Laparoscopic Surgery (Sponsored by Striker and Covidien). This



is taking place in April 2016 and is a fantastic training and learning experience for trainees which will continue to be at least an annual course available through the BSGE.

This well-structured, oversubscribed two-day work shop is going ahead for the third time successfully. It has been really beneficial for many BSGE senior trainee and consultant members over the last two years. We have received positive feedback. The main objectives of this course would include, demonstrating operative/dissection techniques, laparoscopic dissections of pelvic anatomy and to provide hands on training sessions to improve technical performance in laparoscopic gynaecological surgery.



### Registrars in Gynaecological Surgery group (RIGS)

One of the most exciting developments for trainees which will be launched at the ASM in Cornwall, will be the Registrars in Gynaecological Surgery (RIGS) group.

This will be a group run by trainees for trainees and will have an integral role within the BSGE. There will be a structured forum for trainees, the BSGE website will have a dedicated section for RIGS (which is currently in development), advice on how to pursue in a career in endoscopic surgery,

preparation tips for consultant posts, courses, videos, fellowship opportunities, meetings specifically for trainees, roles within the group for trainees to become actively involved as well as trainee specific meetings and social events.

As part of the training opportunities available we are also designing web based procedural skills modules for gynaecological trainees at all levels (ST1-ST7), highlighting our commitment and the importance we place on training.

It is therefore an exciting time for trainees within the society and we will continue to represent your needs at the council meetings, voicing your views and suggestions to improve training opportunities and address any concerns.

We would like to thank those of you who completed the advanced laparoscopic ATSM trainees survey, and look forward to meeting as many of you at the ASM in Cornwall!

### Kirana and Fevzi

BSGE Trainee Representative council members





# PORTFOLIO REPORTS

## Annual Nurse Hysteroscopy Meeting

Report from the Annual Nurse Hysteroscopy Meeting, Bradford University, 4th March 2016

The meeting this year was once again very well attended and despite being held slightly later this year was accompanied by snowfall. It opened with the inevitable, but devastating announcement of the imminent retirement of Professor Sian Jones. Space here does not allow for an adequate tribute to our founder and ambassador, except to express sincere gratitude for all of Sian's hard work and support over the last 16 years, we will miss her greatly and wish her all the very best for the future.



The main theme of the meeting was pain management, Julia Pansini-Murrell presented recent audits which demonstrated that despite the RCOG Guidelines (2010) there are still significant variations in protocols across the UK. The use of NSAIDs one hour before hysteroscopy should be recommended to all patients where there are no contraindications.

Alex Sutcliffe's presentation on her focus group work on developing patient information leaflets revealed distressing patient's perspectives of pain during outpatient hysteroscopy. Furthermore, it has transpired that Internet campaign groups are highly critical of financially incentivised ambulatory procedures and are demanding more patient choice in terms of pain management. The workshop on patient leaflets demonstrated the challenges in standardising information where operational protocols remain heterogeneous. Nevertheless, the group have committed to collaborate on information leaflets to produce evidenced based guidelines that fully reflect patient's views and can be adopted at a local level.

Gill Smith provided a fascinating overview of her experience introducing non-medical sedation during hysteroscopic treatments, challenging traditional practice and communication. The ability to provide hypnosis as an alternative or complimentary technique for pain management has been established in other medical fields and certainly warrants further formal exploration in ambulatory gynaecology.



There have been significant increases in the numbers of qualified nurse hysteroscopists. There are now 90 qualified nurse hysteroscopists with a further 26 in training. Twenty-seven nurse hysteroscopists are also undertaking a variety of treatments including polypectomy. Novasure, Mini-touch and Essure. An audit of mini touch ablation procedures and outcomes was presented by Gill Steele and resulted in a healthy debate on evidence-based evaluation of ablation outcomes. The advancement of nurse hysteroscopy practice reflects a natural evolution in service provision facilitating safe, cost effective and accessible care. However, the development of the nurse hysteroscopists in terms of challenging practice and providing critical analysis of the evidence certainly set the tone of the meeting.

The afternoon included industry workshops with opportunity for hands on simulator sessions on a variety of treatment methods that was thoroughly enjoyed by all. Concerns about appropriate accreditation for nurses undertaking operative and therapeutic procedures have now been resolved with nurses being able to achieve accreditation following attendance at RCOG, BSGE and industry training events, and submission of a completed logbook, signed off by the nominated trainer and audit questionnaire to Bradford University. There are also opportunities to attain level 7 university credits by enrolling on the independent study module for 10, 20 or 30 credits as required. A register of all accreditations will be held by the BSGE.

Accreditation for diagnostic hysteroscopy will continue to be required on a three yearly basis and consist of attendance of at least one BSGE scientific meeting, evidence of audit of 100 cases per annum and ongoing professional development.

The meeting closed with a round table discussion, minds enlightened, friends reacquainted and enthusiasm elevated.

Written by **Sarah Rees**



# BSGE ANNUAL SCIENTIFIC MEETING CORNWALL 2016

## Welcome to Cornwall!

We are delighted to be hosting the 2016 BSGE Annual Scientific Meeting and hope you will join us for a stimulating meeting in a beautiful setting. The main Conference will be in the dedicated conference centre at the Bedruthan Hotel on the stunning north coast of Cornwall, on Tuesday 17th and Wednesday 18th May 2016. Before the main meeting we will be holding three different Masterclasses on Monday 16th May 2016 at the Royal Cornwall Hospital:

### Live Laparoscopic surgery training

Two theatres will run in parallel to give uninterrupted expert surgical demonstration, with opportunity to discuss techniques with the operating surgeons. There will be unedited video presented of other procedures to view a wide selection of complex laparoscopic surgery and pick up hints and tips to improve your own technique. Currently we are planning; Laparoscopic Sub-total hysterectomy with in bag morcellation, total laparoscopic hysterectomy techniques and retroperitoneal dissection including ureterolysis.

### Outpatient Hysteroscopy training and skills demonstration

An experienced faculty will take delegates through techniques and procedures using simulators and state of the art demonstrations. A wide range of equipment will be available from our industry sponsors to give you experience of what's possible.

### Hands on Training and assessment (HOT sessions)

Following successful introduction of the ESGE structured Box trainer sessions at The Silver Jubilee Meeting, we will be running this stimulating and educational training session again. Learn techniques and see how your skills rate against peers. All delegates will be registered online and receive confidential results of their performance from the European Academy direct to their smart phone, tablet or computer. More details here.

Included in the Masterclass registration fee, which is separate from the conference fee, is all catering and transport to Bedruthan Steps Hotel at the end of the day, for those who request it when booking.



*From shifting sands to firm foundations*



# BSGE ANNUAL SCIENTIFIC MEETING CORNWALL 2016

## Monday, 16th May 2016 – Welcome Barbecue

To welcome everyone to Cornwall we will be hosting a barbecue at Bedruthan Hotel at 8pm. So make your travel arrangements and ensure you arrive in time for the barbecue. Please register for the barbecue when you book and pay for the main conference, it is included in your conference fee. However partners and guest will be charged for the Barbecue.

## Tuesday, 17th May 2016 – BSGE Main conference programme

The main conference programme will be held in the dedicated conference centre will state of the art presentation equipment and repeater monitor displays.



**To be held this year at  
Bedruthan Hotel & Spa**

Overlooking a stunning Atlantic beach  
5 minutes from Newquay airport.

**Bedruthan Hotel,  
Trenance, Mawgan Porth,  
Cornwall TR8 4BU**

## BSGE Nurse conference programme

A parallel programme will run in the main hotel for the nurses sessions. Tuesday 17th May will be Endometriosis Nurses conference and Wednesday 18th May will be Nurse Hysteroscopist conference. Programmes for both sessions are full of interesting topics and excellent speakers and can be attended by non nurse delegates as well.

## Parallel sessions and Breakout meetings

Running alongside the main conference and nurse programme will be parallel sessions and dedicated breakout meetings, that might be of interest to delegates. We will be running the popular 'meet the expert session' again but this will run all day with each expert hosting their topic in on organised programme of events. There will be breakout meetings for the BSGE Endocentres teams, as well as a 1:1 help sessions with the Endometriosis database expert. A laparoscopy in pregnancy breakout session will be run to help develop the BSGE guideline on the topic as well as a research group meeting.

## Industry and catering palladium

Our industry sponsors will have pride of place in our dedicated palladium which will be constructed specially for the conference. This will allow well laid out displays and the opportunity to meet and discuss equipment and products with our sponsors in a comfortable spacious setting. The all day catering will be in the industry palladium for registered delegates, so you can enjoy refreshments and network whilst seeing the stands.

Breakfast on Tuesday 17th and Wednesday 18th is included in the conference delegate registration fee and will be served in the main Hotel. Partners and guests will be charged separately. Looking forward to seeing you at the conference.

## Please note

*The Bedruthan Hotel is now fully booked.*

*For alternative accommodation, please visit  
<http://www.bsge2016.org/accommodation/>*

*Please remember to register before 15th April to take advantage of discounted registration fee.*

*Also, there are limited places for BSGE Gala Dinner at Eden project so book early to avoid disappointment.*



# UPCOMING BSGE MEETINGS

## RCOG/ BSGE DIAGNOSTIC AND OPERATIVE HYSTEROSCOPY-WORKSHOPS ONLY

14-15 July 2016, RCOG, London

## RCOG/BSGE BENIGN ABDOMINAL SURGERY

19-20 September 2016, RCOG, London

## RCOG/BSGE SYMPOSIUM ON MODERN MANAGEMENT OF FIBROIDS

4 November 2016, RCOG, London

## RCOG/ BSGE DIAGNOSTIC AND OPERATIVE HYSTEROSCOPY

29 November to

1 December 2016, RCOG, London

## BSGE ANNUAL SCIENTIFIC MEETING 2017, HULL

17 to 19 May 2017

They are all available here:

<http://www.bsge2016.org/future-meetings/>





# NOTEWORTHY ARTICLES

You can click on the title to go to the article abstract.

- [Hickman et al. 2016. Haemostatic techniques for myomectomy: An evidence based approach. JMIG.](#)
- [Kent et al. 2015. Laparoscopic surgery for severe rectovaginal endometriosis compromising the bowel: A prospective cohort study. JMIG.](#)
- [Liu et al. 2015. Urinary biomarkers for the non-invasive diagnosis of endometriosis. Cochrane library.](#)
- [Nisenblat et al. 2016. Imaging modalities for the non-invasive diagnosis of endometriosis. Cochrane library.](#)
- [Kho et al. 2016. Risk of Occult Uterine sarcoma in women undergoing hysterectomy for benign indications. Obstetrics & Gynaecology.](#)
- [Perlman S & Kjer JJ. 2016. Ovarian damage due to cyst removal: a comparison of endometriomas and dermoid cysts. Acta Obstet Gynecol Scand.](#)
- [Khazali 2016 Editorial: Endometriosis Classification-The Quest for the Holy Grail? J. Reprod Infertil, Vol 17, No 2, Apr-Jun 2016](#)



Fevzi Shakir





# WINNERS OF SPONSORED TRAINING PROGRAMS

## OLYMPUS / BSGE Gynaecology Expert Training for Upcoming Professionals for ST5+

12 BSGE Trainees were selected to attend this training programme split over 5 days and includes state-of-the-art lectures, interactive case discussions and hands-on activities. Throughout each module flights, meals during the course and accommodation will be supported by Olympus.

Michelle	<b>MacKintosh</b>
Lucy	<b>Coyne</b>
Greg	<b>Pearson</b>
Iain	<b>Cameron</b>
Emily	<b>Gelson</b>
Nisha	<b>Kadwadkar</b>
Melody	<b>Taheri</b>
Christopher	<b>Lindley</b>
Dina	<b>El-Hamamsy</b>
Chou Phay	<b>Lim</b>
Pille	<b>Pargmae</b>
Josephine	<b>Achiampong</b>

**OLYMPUS**

## BSGE / ETHICON Laparoscopy Gynaecology Training Programme for ST5+

The Clinical Expertise Laparoscopic Gynaecology Programme, established by Ethicon in partnership with The British Society for Gynaecological Endoscopy, offers training designed to allow trainees to practice the skills to perform a total laparoscopic hysterectomy and the knowledge to set up a laparoscopic service and develop skills as a laparoscopic surgeon.

24 BSGE Trainees were selected by committee of BSGE members.

Asem	<b>A Ali</b>
Deepa	<b>Balachandran Nair</b>
Ras	<b>Bharathan</b>
Zoe	<b>Boyes</b>
Dhivya	<b>Chandrasekar</b>
Karina	<b>Datsun</b>
Jonathan	<b>Frost</b>
Ibraheem	<b>Hamoodi</b>
Tim	<b>Hookway</b>
Amy	<b>Keightley</b>
Lidia Ewa	<b>Kwasnicka</b>
Richard	<b>Keedwell</b>
Mayank Serge	<b>Madhra</b>
Krupa	<b>Madhvani</b>
James	<b>McClaren</b>
Mark	<b>McComiskey</b>
Andrew	<b>Mukherjee</b>
Krishna	<b>Murala</b>
Oliver	<b>O'Donovan</b>
Edward	<b>Prosser-Snelling</b>
Rebecca	<b>Pugh</b>
Rowena	<b>Sharma</b>
Seema Anushka	<b>Tirlapur</b>
Alexa	<b>Lilley</b>

**ETHICON**  
PART OF THE *Johnson & Johnson* FAMILY OF COMPANIES

## BSGE workshop on Fresh Human Cadaveric Laparoscopic Anatomy Advanced Gynaecological Laparoscopic Surgery 2016

The British Society for Gynaecological Endoscopy is delighted to name successful delegates of our annual **hands on human Cadaveric Course** in female laparoscopic pelvic anatomy with the department of physiology, anatomy and genetics of University of Oxford.

Miss	Karolina	<b>Afors</b>
Dr	Omaema	<b>Al-Baghdadi</b>
Dr	Iain	<b>Cameron</b>
Dr	Karina	<b>Datsun</b>
Ms	Nandita	<b>Deo</b>
Miss	Donna	<b>Ghosh</b>
Mr	Richard	<b>Keedwell</b>
Mr	Bidyut	<b>Kumar</b>
Mr	Chou Phay	<b>Lim</b>
Dr	Vasileios	<b>Minas</b>
Mr	Hassan	<b>Morsi</b>
Miss	Neelam	<b>Potdar</b>
Miss	Sridevi	<b>Sankaran</b>
Miss	Rowena	<b>Sharma</b>
Miss	Shalini	<b>Srivastava</b>
Miss	Cinzia	<b>Voltolina</b>
Dr	Kinza	<b>Younas</b>
Mr	Waleed	<b>Yousef</b>

**stryker**<sup>®</sup>



# BSGE 5TH VIDEO COMPETITION WINNERS

<b>Elias Kovoov</b>	Modified bilateral sacropexy	Consultant- 1 year free membership!	Benenden hospital
<b>Fevzi Shakir</b>	Laparoscopic bilateral tubal adhesionolysis with cuff salpingostomy	Clinical Fellow (Prior to CCT)- £250	Royal Surrey County Hospital, Guildford, UK
<b>Karolina Afors</b>	Tips and Tricks: Laparoscopic ureterolysis in benign disease	ST 6-7- £250	King's College Hospital
<b>Donna Ghosh</b>	TLH with modified Roeder sutures	ST 6-7- £250	Wirral University Teaching Hospital
<b>Rebecca Mallick</b>	The Laparoscopic Resection of a Cornual Ectopic Pregnancy	ST 3-5- £250	Royal Sussex County Hospital, Brighton



Fevzi Shakir



Donna Ghosh



Rebecca Mallick



# Ambulatory Hysteroscopy Masterclass

## Delivering best practice, Striving for excellence

Monday, 16th May 2016

Knowledge Spa, Royal Cornwall Hospital, Truro TR1 3LJ

A one-day workshop to explore best practice in ambulatory services, with an emphasis on practical hints, tips and simulations

Course fee £75 (£50 nurses) if payment received before 16/04/2016, £100 thereafter. Includes catering throughout the day and transport to Bedruthan Hotel (if **booked in advance**) at the end of course. To register, please visit [www.bsge2016.org](http://www.bsge2016.org) or email [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk) for further information.



Experienced faculty sharing top tips



Key skills in vaginoscopy, analgesia, large polyps, business planning



Hands-on with simulators, try new equipment



Network with colleagues and representatives



# BSGE ELECTION

## Voting for the BSGE Council Elections is now open.

There are five positions up for election this year.

1. **Vice President**
2. **Honorary Secretary**
3. **Honorary Treasurer**
4. **3 vacancies for Senior Representative**
5. **2 vacancies for Trainee Representative**

We are once again conducting online elections via this link <http://www.bsgevoting.co.uk/>, voting using ballot papers will not be possible.

Please login at <http://www.bsgevoting.co.uk/> with your email and password and complete the ballot form in the usual way. We continue to use one of the single transferable vote methods, so list the candidates, as many as you wish to vote for, in the order of your preference. You may only submit one ballot form; once submitted it cannot be changed.

Your username is your email address. If you need a reminder of your password, please email [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk)

This year Mark Whittaker and Sanjay Vyas are standing for the Vice President position, the elected candidate will subsequently become the President of the society.

Mark Whittaker was the only candidate for the Honorary Secretary position and therefore has been elected to this position. Should Mark Whittaker succeed in becoming the Vice President, further elections will be held after the AGM.

Thomas Ind has been elected as Honorary Treasurer to the BSGE Council, as there were no other nominations for this position.

Oudai Ali, Kirana Arambage, Justin Clark, Sujata Gupta, Shaheen Khazali, Andrew Pickersgill, Natalia Price and Arvind Vashist are standing for the senior representative positions and Donna Gosh, Tim Hookway, Yadava Jeeve, Richard Keedwell, Rebecca Mallick, Ilias Nikolopoulos, Oliver O'Donovan and Fevzi Shakir for the trainee representative positions.

## BSGE Elections 2016

We continue to use single transferable vote method, so list the candidates, as many as you wish to vote for, in the order of your preference. You may only submit one ballot form; once submitted it cannot be changed. Ballot papers will be accepted until midnight on Monday, 25 April 2016. The results will be announced at the BSGE Annual General Meeting on Tuesday, 17th May 2016 during BSGE Annual Scientific Meeting in Cornwall.

### Vice President



**Mark Whittaker**  
*Base Hospital* Gloucester Royal Hospital, Gloucestershire  
*Proposer* Ertan Saridogan  
*Secunder* Dominic Byrne  
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**Sanjay Vyas**  
*Base Hospital* Southmead Hospital, Bristol  
*Proposer* Dominic Byrne  
*Secunder* Alfred Cutner  
[Read profile >](#)

You have submitted your vote for this position

### Honorary Secretary



**Mark Whittaker**  
*Base Hospital* Gloucester Royal Hospital, Gloucestershire  
*Proposer* Ertan Saridogan  
*Secunder* Thomas Ind  
[Read profile >](#)

Mark Whittaker has been elected as Honorary Secretary to the BSGE Council. There were no other nominations for this post.



# BSGE ELECTION

Ballot papers will be accepted until midnight on **Monday, 25 April 2016**. The results will be announced at the BSGE Annual General Meeting on Tuesday, 17th May 2016 during BSGE Annual Scientific Meeting in Cornwall'.

Thank you.

## Honorary Treasurer



**Thomas Ind**

**Base Hospital** Royal Marsden & St George's Hospitals  
**Proposer** Mark Whittaker  
**Seconder** Ertan Saridogan

[Read profile >](#)

Thomas Ind has been elected as Honorary Treasurer to the BSGE Council. There were no other nominations for this post.

## Senior representative



**Andrew Pickersgill**

**Base Hospital** Wythenshawe Hospital, Manchester  
**Proposer** Rohit Arora  
**Seconder** Tali Qnan

[Read profile >](#)



**Arvind Vashisht**

**Base Hospital** University College Hospital, London  
**Proposer** Ertan Saridogan  
**Seconder** Alfred Cutner

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**Justin Clark**

**Base Hospital** Birmingham Women's Hospital  
**Proposer** Mark Whittaker  
**Seconder** Siobhan O'Connor

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**Kirana Arambage**

**Base Hospital** Oxford University Hospitals NHS Foundation Trust  
**Proposer** Christian Becker  
**Seconder** Natalia Price

[Read profile >](#)



**Natalia Price**

**Base Hospital** John Radcliffe Hospital  
**Proposer** Simon Jackson  
**Seconder** Kirana Arambage

[Read profile >](#)



**Oudai Ali**

**Base Hospital** West Cumberland Hospital  
**Proposer** Ali Matin  
**Seconder** Sameer Ujirankar

[Read profile >](#)



**Shaheen Khazali**

**Base Hospital** Ashford and St. Peter's Hospitals NHS Foundation Trust  
**Proposer** Ertan Saridogan  
**Seconder** Mark Whittaker

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**Sujata Gupta**

**Base Hospital** Royal Preston Hospital  
**Proposer** Brice Rodriguez  
**Seconder** Annabel Grossmith

[Read profile >](#)

## Trainee representative



**Donna Ghosh**

**Base Hospital** Arrowe Park Hospital, Wirral  
**Proposer** David Rowlands  
**Seconder** Tom Aust

[Read profile >](#)



**Fevzi Shakir**

**Base Hospital** Kings College Hospital, London  
**Proposer** Andrew Kent  
**Seconder** Mark Whittaker

[Read profile >](#)



**Ilias Nikolopoulos**

**Base Hospital** James Cook University Hospital, Middlesbrough  
**Proposer** Pinky Khatri  
**Seconder** Graham Phillips

[Read profile >](#)



**Oliver O'Donovan**

**Base Hospital** University College Hospital, London  
**Proposer** Ertan Saridogan  
**Seconder** Arvind Vashisht

[Read profile >](#)



**Rebecca Mallick**

**Base Hospital** Royal Sussex County Hospital, Brighton  
**Proposer** Jim English  
**Seconder** Natasha Waters

[Read profile >](#)



**Richard Keedwell**

**Base Hospital** Royal Cornwall Hospital, Truro  
**Proposer** Dominic Byrne  
**Seconder** Thomas Smith Walker

[Read profile >](#)



**Tim Hookway**

**Base Hospital** Royal Hampshire County Hospital, Winchester  
**Proposer** Keith Loudon  
**Seconder** Shaheen Khazali

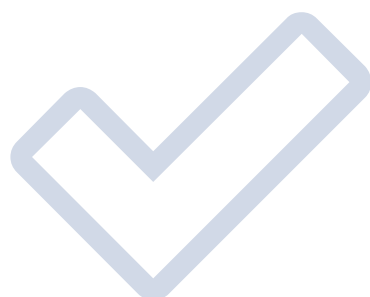
[Read profile >](#)



**Yadava Jeev**

**Base Hospital** University Hospitals of Leicester  
**Proposer** Harish Bhandari  
**Seconder** Evangelia Bakali

[Read profile >](#)





European  
**+the Academy** of  
Gynaecological  
Surgery

Get Trained,  
Get Proficient  
Get Certified

in CORNWALL

**Monday 16<sup>th</sup> May 2016**

Back by popular demand

**Laparoscopic**

**H**ands **O**n raining

**Prize awarded to participant with top score in LAST+T + SUT+T  
(ESGE 2016 fee waiver & travel + accommodation reimbursement)**



# ANNOUNCEMENTS

## ACCEA 2016 round

The latest round of National Clinical Excellence Awards opened on Friday, 11 March 2016 and will close at 5pm on Monday, 16 May.

The BSGE is a specialist society recognised by the ACCEA and can provide citations in support of applicants applying for a national clinical excellence award in England.

Please submit your completed CEA application form, BSGE contribution form and email with GMC number to the BSGE Secretariat at [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk) by 10am on Friday, 6 May 2016.

This would give enough time for the BSGE ACCEA committee to meet and discuss applications, arrange and submit citations before the close of ACCEA online submissions.

Please visit ACCEA website for your CEA forms and further information.

Thank you.

**Prof. Sian Jones**

BSGE ACCEA lead

## BSGE/RCOG Guideline Management of Endometrial Hyperplasia

I am pleased to inform you that the Joint BSGE/RCOG Guideline on Management of Endometrial Hyperplasia is now available using the following link [Management of Endometrial Hyperplasia](#)

This guideline was prepared following an initiative from the BSGE, under the leadership of Mr Mo'iad Alazzam and with contribution from several members of the BSGE and BGCS. This guideline has followed the structured evidence based methodology and provides the most up-to-date information to the reader. I would like to thank all those colleagues who contributed to the preparation of this guideline.

I hope you will enjoy reading it and will find it useful in your practice.

With best wishes

**Ertan Saridogan**

President, On behalf of the BSGE Council

## Annual General Meeting 2016 invitation

You are cordially invited to join us at the BSGE AGM which will be held at the Bedruthan Hotel on Tuesday, 17th May 2016 at 4.45 pm at the end of first day of BSGE Annual Scientific Meeting in Cornwall.

You will hear about the work of the BSGE by Council Officers and BSGE Council members over the past year and our plans for the future.

If you have any items for the AGM agenda, please email BSGE Secretariat at [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk) by 11th April 2016.

We look forward to seeing you there!



# BSGE NEWSLETTER TEAM

## Introducing the Newsletter Editorial Team



**Shaheen Khazali**  
*Editor*



**Justin Clark**  
*Opinions/peer reviews*



**Sallyann Smith**  
*Graphic Designer*



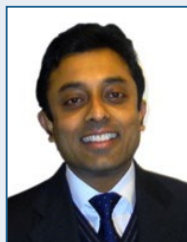
**Atia Khan**  
*News/Admin*



**Shaz Salim**  
*Videos*



**Mark Whittaker**  
*Portfolios/News*



**Kirana Arambage**  
*Trainees/Events*



**Fevzi Shakir**  
*Trainees/Papers*



BRITISH SOCIETY for GYNAECOLOGICAL ENDOSCOPY

## Contact Information

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