

# THE SCOPE

Newsletter of the British Society for Gynaecological Endoscopy



## LONDON SILVER JUBILEE MEETING – SPECIAL EDITION –



BRITISH SOCIETY for GYNAECOLOGICAL ENDOSCOPY



2016 Annual Scientific Meeting

# Training in Endoscopic surgery “from shifting sands to firm foundations”

May 17th & 18th 2016  
Cornwall

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## Note from the Editor



Dear Friends and colleagues,

We have dedicated the second issue of "The Scope", to our Silver Jubilee Meeting in London earlier this year.

The presidential address on page 4 sums up the activities of the society and the "current affairs" quite nicely. Professor

Ray Garry has some kind words about the BSGE and the conference in particular, which is a nice read. Tyrone Carpenter, Dominic Byrne and Fevzi Shakir have written a summary of the sessions they chaired and Jim English tells us about the exciting hysterectomy project.

I was told, by a friend, just the day before yesterday, that The Scope is too ambitious a project. I agree that it is ambitious but I am confident that with your help and involvement and with the hard work of the Website and communications committee, in particular Atia Khan, we can keep producing these newsletters and make them more interesting and informative. So please email me at [s.khazali@me.com](mailto:s.khazali@me.com) if you have any comments or if you want to get involved.

Finally, a few reminders.

- The next ASM, 16th-19th May 2016 is going to be an exciting one in beautiful Cornwall, do come along and present your work.
- The awards application deadline is 30th September 5 pm. Don't miss the deadline if you are applying.
- The video competition deadline is 30th October and is open to trainees and Consultants, don't leave it to the last minute.

And please get in touch and let us know how we are doing

**Shaheen Khazali**

Chair, BSGE website and communications



# PRESIDENTIAL ADDRESS AT THE SILVER JUBILEE MEETING

The BSGE President Ertan Saridogan addressed the delegates of BSGE Silver Jubilee Meeting during his Annual Presidential Address on 5 June 2015. Here we include the text of his speech:

Dear Colleagues

It is with great pleasure and pride I address you, the delegates of BSGE Silver Jubilee Meeting, here in London. It was just over a year ago, we decided to celebrate the 25th anniversary of foundation of our society in London and wanted to organise something special and exceptional, fit for our silver anniversary. It was at a time the society was already going strong and possibility of further improvement looked difficult. We had just had our ASM in Norwich which I called the most successful BSGE meeting at the time. However, one year on today, the events proved that we were not unrealistic in hoping to organise something even better. We appointed Arvind Vashisht as the Chairman of Local Organising Committee and that turned out to be a very wise choice. Together with our highly dedicated secretariat, Atia Khan, we formed a formidable team. I am very grateful to Arvind and Atia for their hard work and dedication. They put countless hours to make this meeting possible. We visited a number of venues and eventually selected the CHW. We then set out to put an ambitious programme together; instead of the usual one Precongress Course, we organised four courses. Instead of the usual one room meeting, we organised the multiple parallel session programme. I here thank all

colleagues who contributed to the programme, but would like to name Mary Connor, Stephen Burrell and Natasha Waters who organised the Hysteroscopy course at the RCOG, Alfred Cutner who organised the RVC Course, Tom Holland and Davor Jurkovic who organised the US Course at UCLH and Karolina Afors, Dominic Byrne, Rudi Campo and Arnaud Wattiez for organising the Complications Course at UCLH. We also thank our International speakers Elizabeth Pritts and Hans Brolmann who made time and travelled to London to join us for this special event. Their contribution has been much appreciated.

The year, since my last presidential address has not been just about the SJM. We saw the first output of our Endometriosis Centres project, data analysis lead to preparation of two manuscripts which are currently being considered for publication. We now have 45 accredited and 9 provisional centres and a huge jump in the number of cases entered annually. This will hopefully lead to creation of the largest prospectively collected data in the world, in years to come. We congratulate our President-Elect Dominic Byrne and his predecessors for achieving this. Chris Guyer has been working with Dominic Byrne in the Endometriosis Centres Project and will be taking over from him when Dominic becomes our president next year. We also thank our research and audit portfolio chair Justin Clark and his fellow Paul Smith who analysed the endometriosis centres data. Justin is also leading a highly successful BSGE/RCOG CSG which has been successful in leading multicentre studies such as PreEmpt and Health. He and Kevin Cooper will be presenting their activities in the next session and I encourage those of you who are interested in taking part in these studies to attend their session.

The BSGE contribution to training has continued at full speed, all three relevant ATSMs, Benign Abdominal Surgery, Hysteroscopy and Advanced ATSM continue to be very popular, our members supervise trainees around the country and we organise the two corresponding theoretical courses at the RCOG annually. Our thanks go to Saikat Banerjee, Sameer Umranikar, Mary Connor, Natasha Waters and Stephen Burrell who organise these courses and to the many others who give up their time to teach in these courses. Our Trainee Council members Kirana Arambage and Fevzi Shakir have been busy in organising training events. Kirana organised the popular cadaveric course in Oxford and Kirana, Fevzi and Tom Smith Walker organised the YEP Sessions together with our European colleagues Markus Wallwiener and Sandra Bogdanyova.



*Ertan Saridogan speaking at the BSGE Silver Jubilee meeting.*

Your Society continues to lead the field by providing evidence based guidance to our colleagues. Green Top Guidelines on the Management of Endometrial Hyperplasia are now in review phase, hysteroscopic fluid management guidelines are nearing completion and our current Guidelines Portfolio Chair Liza Ball has already started working on Laparoscopy in Pregnancy Guidelines.

The morcellation debate has had an impact on our practice internationally, although its main impact has been in America. The BSGE has been very proactive in this field and has provided guidance to our colleagues throughout the year so that women continue to benefit from MAS, instead of being denied of it due to exaggerated risk claims. Our colleagues Thomas Ind and Kevin Phillips contributed to the European Recommendations which are now published. We are finalising a document, prepared by Eddie Morris, to help our colleagues with the informed consent process for procedures which require power morcellation.

This year saw the launch of our newsletter The Scope in its colourful and glossy appearance. Our website portfolio chair Shaheen Khazali worked very hard to make it possible. We hope to continue the production of The Scope in years to come. Shaheen is also looking at the website with a view to overhauling it to increase its functionality.

This year also saw the launch of Endometriosis Nurses Project which is jointly run by the BSGE, RCOG and Endometriosis UK. Our colleagues Tom Smith Walker, Cathy Dean and Deborah Holloway have worked hard to make it possible. We appreciated working with colleagues from the RCN and EndoUK and our collaboration with them will continue to strengthen. We have already planned a nurse training day for Endometriosis Nurses in September, we are welcoming all endometriosis centre nurses to the BSGE, their first year membership will be free and we will continue to support them by organising regular educational and networking activities. Our BSGE Nurses portfolio chair Gill Smith who has been busy organising the highly popular Nurses' breakout sessions, will continue her hard work to oversee the endometriosis nurses and nurse hysteroscopy projects.

We have worked with the RCOG and DoH to promote endoscopic surgery throughout the country to ensure women have access to best possible treatment, Stephen Burrell represented the BSGE and secured maintenance of hysteroscopy best practice tariffs as a permanent feature. We will continue to

contribute to health policies which will affect our field.

Our collaboration with the industry has continued through the year. Without their support our activities would not be possible. The impact of their contribution has been evident in the organisation of this SJM. We awarded 24 industry sponsored fellowships this year, doubling it since last year. Other companies pledged to set up similar fellowships which will hopefully increase the number of trainees who have access to these programmes which are extremely popular. We thank all our sponsors for their support to the BSGE activities and hope our collaboration will continue in years to come.

What about the future activities? In the field of hysterectomy, we plan to change the entire landscape in Britain over the coming years. Whilst we will continue to promote alternative treatment options to reduce hysterectomy rates, we will invest into a major training programme for consultants and trainees. We have already carried out some background work which has been lead by Jim English and supported by Mark Whittaker/ Natasha Waters. We will aim to finalise the plans in the coming days and launch the project later this year.

Lastly, I would like to acknowledge my fellow officers Dominic Byrne, Tom Ind and Mark Whittaker. They put in countless hours to ensure that our society runs smoothly and has an impact on our professional lives. We have a great team which works in harmony and this is the important key to the success of our society. With the enthusiasm of our officers and the BSGE Council as a whole, I have no doubt that our society will go from strength to strength and will continue to shape the practice of not only endoscopic surgery but benign gynaecology in general in the United Kingdom and beyond. The BSGE, as a strong player within ESGE, is contributing to the organisation of next ESGE meeting on 7-10 October 2015 in Budapest. I, as the Congress President, and Professor Hans Brolmann, Congress Scientific Programme Chair would like all the SJM delegates who submitted abstracts to submit their abstracts to the ESGE meeting as well. We would be delighted to see a strong BSGE contingent in Budapest.

I look forward to seeing as many of you as possible first in Budapest in October 2015, and then in Cornwall next year.

Thank you.



# BSGE ANNUAL SCIENTIFIC MEETING CORNWALL 2016

The next BSGE ASM will be held at Bedruthan Hotel and Spa, Mawgan Porth, Cornwall.

Tuesday 17th and Wednesday 18th May 2016.

We have agreed sole use of the Hotel and conference centre from 2pm Monday 16th May to 5pm Wednesday 19th May 2016. The hotel is 5 mins from Newquay airport and sits on high land overlooking a beautiful beach and the Atlantic coast. More than half of the rooms overlook the sea, with balconies or terraces. There is a path from the hotel grounds down to the beach.

Plans are taking shape fast and we hope to have a welcome event (beach party and barbecue) on Monday 16th evening to welcome delegates.

The two day meeting will focus on training and education in Endoscopic surgery and will include invited speakers and abstracts that relate to this area.

There will be a Gala dinner at the iconic Eden Project on Tuesday 17th May with transport from the hotel and back. Registration will include free access to Eden for several days either side of the congress.

Pre-congress master classes will be held on Monday 16th May 2016 at the Royal Cornwall Hospital, Truro. We are currently planning at least two masterclasses one of live surgery from two of our integrated theatres and one on ambulatory Gynaecology.

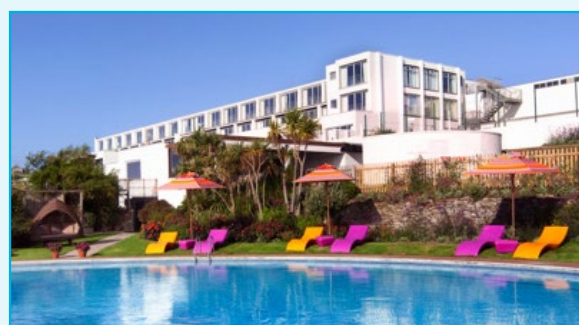
The event will soon be launched on the BSGE website with all the necessary links. We are currently finalising subsidised room rates with the hotel and when these are ready you will be able to book direct, so wait a short while for the announcement.

Look forward to seeing you in Cornwall!

Kind Regards

**Susie Bates**

Local Organising Committee Chair





# BSGE AT 25 YEARS BY RAY GARRY

Glorious early summer sunshine in the magnificent heart of ceremonial London provided a wonderful backdrop for the 25th anniversary of the BSGE. Perhaps surprisingly, given the societies somewhat colourful start, the BSGE has grown and developed into a mature and respected organization.

The problems of developing effective endoscopic services within the NHS context are well recognized. Two days of high quality presentations showed just how well the society has embraced these challenges. I have been particularly disappointed with the UK's record in undertaking laparoscopic rather than abdominal hysterectomies where we are currently absolutely at the bottom of the developed world's league table. This problem is now being firmly addressed by the society with a formal LH training initiative led by Jim English aided by generous Ethicon scholarships. It was suggested that part of this problem was the NICE recommendations of LH based partly on the eVALuate study which I was principle investigator. Following the London meeting, my wife and I went on a short holiday in the Veneto where I discovered for the first time that there was a Saint sharing my name Raymond. He is in fact the patron saint of pregnant women and midwives! Of more interest is the fact that he was captured but could not stop talking and so his lips

were padlocked together; perhaps it would have been better for endoscopic surgery if my fate had followed my saintly predecessor.

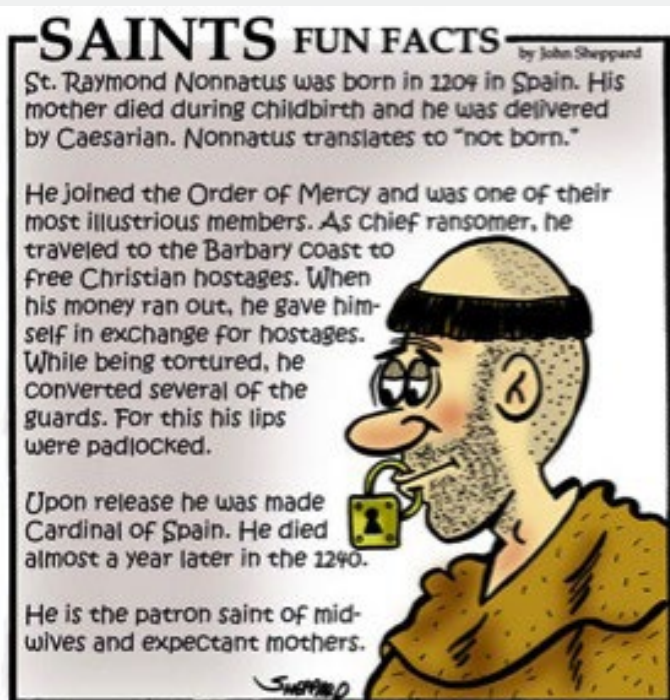
Perhaps the jewel in the BSGE's crown is the Endometriosis Centre programme. The establishment of carefully monitored training and treatment centres represents a real therapeutic advance. The mandatory collection of data from these centres is also likely to provide information that will be of global significance. Encouraging nurses to contribute to hysteroscopy and now endometriotic management is a unique, well-established and increasingly important aspect of the BSGE's work. All this complemented by various SIG groups indicate the breadth of the society's work.

Those of us who were present at the birth of the society are delighted, if not a little surprised, at how well the infant has grown and wish to congratulate all who have contributed to a wonderful 25 years of work on behalf of the women of the UK.

**Ray Garry**



*Ray Garry*





# WHAT WENT ON AT THE SJM

A SMALL SELECTION OF SESSIONS AS DESCRIBED BY THE CHAIRS

## Great Hall session starting with Elizabeth Pritts

It was a pleasure to chair the session where Elizabeth Pritts presented her review of the world wide literature on occult sarcoma prevalence in myomectomy/hysterectomy specimens.

It was a wonderful opportunity to hear the most authoritative review available. She presented her deep dive into the world literature with a gentle touch guiding the audience through complex analysis in a captivating manner. Certainly a highlight of the conference from my perspective.



*Dominic Byrne*

## Gynae Oncology

The session started with three invited speakers. Thomas Ind outlined both the scale of the problem with the increasing rates of endometrial cancer and the issues related to the surgery on the obese patient. He presented costs / benefits of robotic surgery and explained the importance of such technology on operator longevity. This was followed by a fascinating case

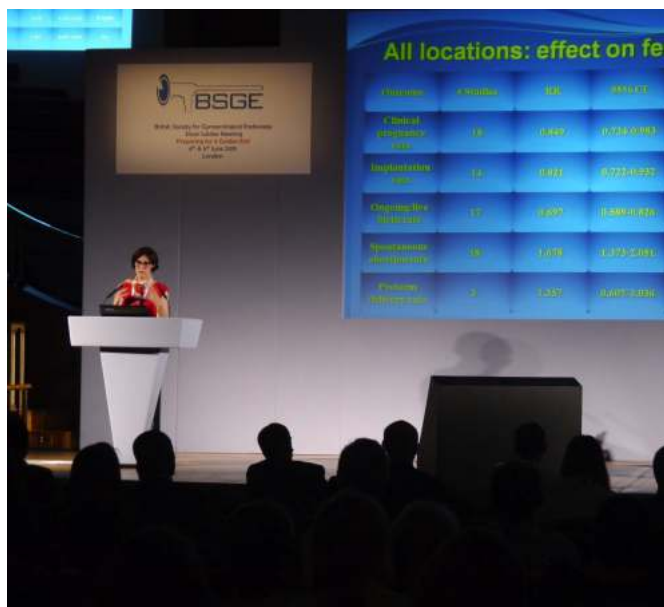
presentation by Alan Farthing on a laparoscopic trachelectomy in a pregnant patient, the first described in the world. He clearly felt the odds were stack against him when, on opening right the pelvic side wall, he also found duplex ureters. Finally and by no means least, Ali Kucukmetin presented a laparoscopic anterior excenteration for an anterior vaginal melanoma. Bar one or two IT issues with the video stalling this was a fascinating insight into the excenterative world. I think most Gynaecologists where secretly jealous of the fact the surgeons didn't need to worry about injuring either the ureter or the bladder during the dissection and in fact got to actually transect both uterers on purpose towards the end of the procedure.

The second half of the session was the free communications section. There were three presentations all of which were excellent. Selina Chiu presented the true cost of surgical co-morbidities, showing how diabetes was the 'big hitter' with regard to increased surgical inpatient cost. This was followed by Natalie Grant who elegantly demonstrated the dramatic increase in TLH rates at the Royal Derby Hospital from 2008 to the present day. Finally Amy Harwarden showed how complication rates following laparoscopic hysterectomy in the morbidly obese patient does come with increased an surgical complication rate, but the rates are still relatively low and certainly below those associated with the equivalent open surgery.

Overall an excellent and enlightening session for which the BSGE are very grateful to the speakers.



*Tyrone Carpenter*



This was followed by Hans Brolmann's presentation of the ESGE recommendations on power morcellation, which was eloquently presented from our well known European colleague who is a great friend of the BSGE and is a fundamental part of the strong link between our two societies.





## BSGE trainees and Young Endoscopist Platform

It was a great privilege to chair the first joint BSGE trainees and Young Endoscopist Platform (YEP) session at the Silver Jubilee Scientific Meeting. This collaboration took many months of organisation but hopefully will aid to strengthen both societies, ultimately inspiring more trainees.



*Fevzi Shakir*

## Endometriosis Centres Breakout Session



It was great to see a packed room for this meeting. All chairs were filled and standing audience as well, we had endometriosis doctors and nurse in abundance. The session covered the many achievements of the Endometriosis centre project and the current challenges we face.

A big thank you to all centres who are working so hard to improve treatment for women with severe endometriosis. There was lively debate about the challenges to demonstrate that surgical cases entered onto the database are comparable between centres and on the need to maintain surgical skills to a consistent level in all centres.

We celebrated recognition by the Royal College of Nurses of the new role of Endometriosis Clinical Nurse Specialist and introduced plans for regular training and update for these valued members of the endometriosis centres.

**Dominic Byrne**



Excellent presentations were given by enthusiastic and influential lecturers from the UK and Europe, including Rudi Campo, and were mainly focussed on training in gynaecological endoscopic surgery.

The session was very well attended with all seats occupied and many others standing around the periphery which provided excellent exposure and a great atmosphere!

**Fevzi Shakir**

BSGE Trainee Representative Council Member





# BSGE SJM 2015 ABSTRACT PRIZE WINNERS

## Gold

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Prize £200

Oral presentation: Edward Mullins  
Poster presentation: Elisabeth Bean  
Video presentation: Suruchi Pandey (Also winner of the KARL STORZ golden telescope award)



## Silver

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Prize £150

Oral presentation: Muhammad Fatum  
Poster presentation: Alice Beardmore-Gray  
Video presentation: Tom Holland

## Bronze

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Prize £100

Oral presentation: Zahid Khan  
Poster presentation: Rasiah Bharathan  
Video presentation: Abdalla Fayad





# LAUNCH OF BSGE NATIONAL LAPAROSCOPIC HYSTERECTOMY PROJECT

Following approval by the BSGE Council at the meeting on 3rd of June of the National Laparoscopic Hysterectomy Project the programme and the project timeline was presented at the ASM in London the following day. Here are some highlights:

It has been appreciated for some time that there is a real need to change UK practice in this regard as the rate of TAH for benign disease in 2012 was almost nine times higher in the UK than in Germany (62% vs 7%).

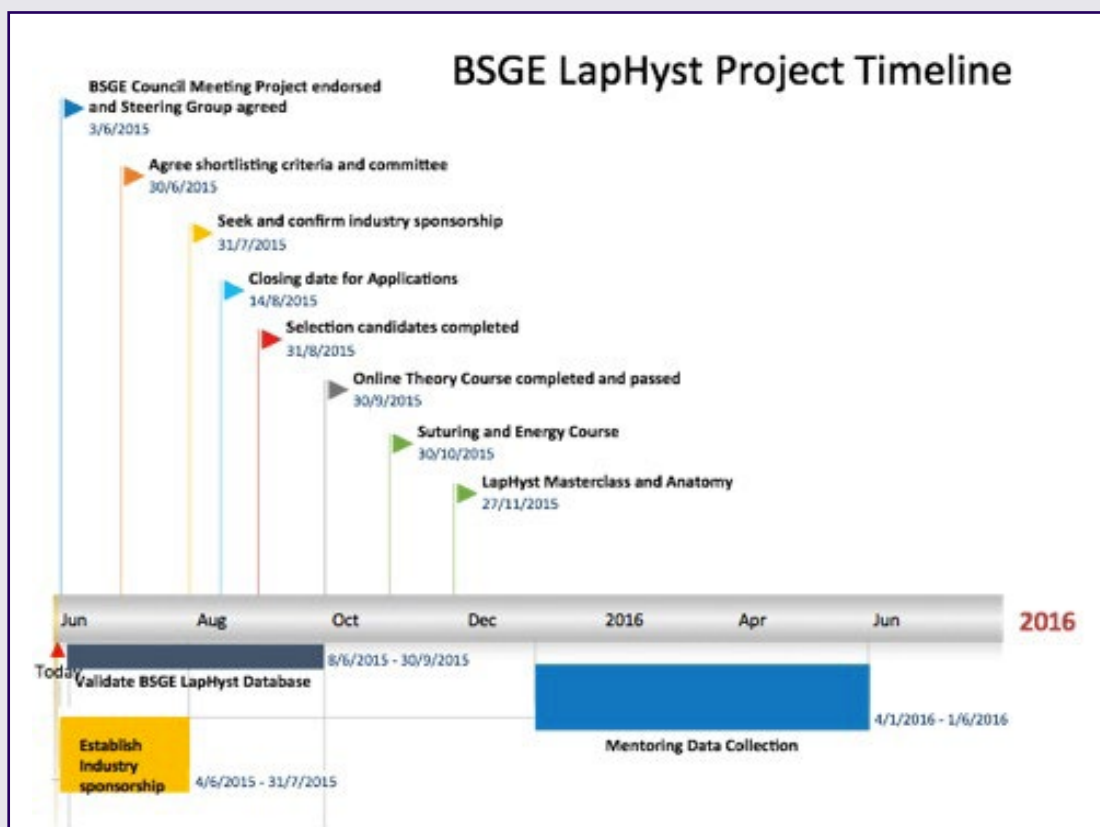
The aim is to train 400 gynaecologists to perform laparoscopic hysterectomy and the project will commence with a pilot trial later this year. The purpose is to increase the rate of laparoscopic hysterectomy from 4% to 40% in order to improve patient care and outcomes. The programme will have four mandatory elements: Theory, use of energy and suturing, masterclasses and anatomy and finally, mentorship. Of these the most innovative is a formal mentorship programme with each trainee being able to avail of at least three mentored sessions with their trainer visiting their hospital. Outcome data from all of the hysterectomies performed by both trainees and mentors will be submitted to a structured, validated database which will flag up whenever an individual surgeon's performance has fallen below expectation or raises issues of safety. This will enable timely intervention and support.

Recruitment of both trainers/ faculty will commence shortly and advertisement for enrollment of trainees in the pilot programme will commence later this year. Advertisements for enrollment onto the pilot programme will commence within a couple of months.

**Jim English**



*Jim English*





# EVENTS

## NON BSGE MEETING ESGE 24TH ANNUAL CONGRESS

'ESGE Building Bridges'

7-10 October 2015, Syma, Budapest

Dear Colleagues and Friends,

We have great pleasure in announcing that the ESGE meeting in 2015 will take place at Syma, Budapest from the 7th–10th October 2015.

Growing interest in endoscopic surgery, enlargement of our society and the increasing number of delegates attending our annual meetings give us every reason to be optimistic about the future of our field. In this positive climate, we are encouraged to deliver even more to the professionals and patients to improve standards and achieve better outcomes.

The 24th Annual Congress of the ESGE will be an excellent opportunity to provide these.



Budapest is often described as one of the most beautiful cities in the world and is well known for its stunning views from the banks of the river Danube and its famous Széchenyi Chain Bridge. We hope the 24th ESGE Congress will build more bridges between the healthcare providers, researchers, innovators and manufacturers, hence our motto for 2015 'Building Bridges'. We have no doubt that the Congress will be an excellent opportunity for all of us to share our experiences, present research findings and demonstrate products, as well as seeing the city of Budapest.

We look forward to seeing you in Budapest in October 2015!

## ANNUAL BIARGS 2015 CONFERENCE

Registration and Abstract submission is now open for 6th Annual BIARGS 2015 Conference, to be held on 5th 6th November 2015 on The Wirral, UK

Dear Colleagues

Join British, Irish and European Gynaecology Robotic Specialists for the 6th British & Irish Association of Robotic Gynaecological Surgeons Conference in Wirral on 5th & 6th November 2015 ([www.wirralbiargs.co.uk](http://www.wirralbiargs.co.uk)). This is a multidisciplinary meeting for consultants, trainees and nurses. You will benefit from and learn about the newest developments, innovative techniques and advanced practices in gynaecological robotics.

Find out what robotic surgery means for you and your patients now and in the future; be part of the economic debate on robotic surgery. Listen to a wide range of distinguished National, European and International speakers including RCOG Vice President Ian Currie. Papers and videos are accepted on the role of robotics in general gynaecology, gynaecological oncology, endometriosis, urogynaecology, fibroids, infertility, training and economic aspects of robotic surgery. Registration and abstract submission are open now, See below for key dates.

Register for the Pre-Congress Interactive Masterclass on 4th November 2015 to watch live-link robotic surgery, demonstration of pelvic anatomical planes and learn approaches for careful pelvic dissection. Take advantage of a lower registration fee by joining SERGS/BIARGS and gain access to online educational videos. Be the winner of BIARGS 2015 mini Olympic skill drill game and win an opportunity to visit an European robotic centre for case observation of your speciality interest.

Enjoy the exciting scientific programme and conference dinner in the company of professional colleagues and maybe take the opportunity of an extended post conference weekend break in Liverpool or on the beautiful Wirral Peninsula. Wirral is well connected with main M6 and M56 national UK motorway, trains (Runcorn, Liverpool and Chester railway stations) and by air (Manchester and Liverpool airports). International delegates will be provided with supporting letter for visa application if required.



# EVENTS

On behalf of the organising committee, I look forward to welcoming you to Wirral for the BIARGS 2015.

Regards, Miss Nahid Gul FRCOG, FRCGS

Chair of Organising Committee & Consultant Gynaecological Surgeon

Wirral University Teaching Hospital, Wirral,  
United Kingdom, CH45 5PE

Email: [nahidgul@nhs.net](mailto:nahidgul@nhs.net) [www.wirralbiargs.co.uk](http://www.wirralbiargs.co.uk)

Email: [wih-tr.biargs@nhs.net](mailto:wih-tr.biargs@nhs.net)

Telephone: +44 151 604 7129, +44 151 604 7036,  
+44 151 604 7357

Fax: +44 151 604 7340

## Venue

Education Centre, Wirral University Teaching Hospital, Wirral.  
UK. CH45 5PE

## Important Dates:

Abstract submission open: 01.06.2015

Deadline for abstract submission: 28.09.2015

Notification of abstract acceptance: 05.10.2015

Deadline for early registration: 10.10.2015

## Pre-Congress MASTERCLASS – Robotic Surgery in Gynaecology Wednesday 4th Nov 2015

Register for the Pre-Congress Interactive Masterclass on 4th November 2015 to watch live-link robotic surgery (Pelvic clearance for Gynae-cancer and surgical treatment of Endometriosis), demonstration of pelvic anatomical planes and learn approaches for careful pelvic dissection. Substantial opportunity exists for “one-on-one” discussion with Faculty and important aspects illustrated with surgical videos. The objectives of the Masterclass are to provide opportunity for Gynaecologist, trainees and nurses to advance their knowledge in role of robotic gynaecological surgery.

Learn from internationally recognised expert Surgeons in Robotic pelvic surgery



### **Professor Rainer Kimmig, M.D.**

Consultant Gynaecological Oncologist  
and Robotic Surgeon

Essen, Germany



### **Peter Barton-Smith M.D. MRCOG**

President BIARGS, Consultant  
Gynaecologist, Minimal Access  
& Robotic Surgery specialist in  
Endometriosis

Singapore



### **Simon Butler-Manuel, Committee Member BIARGS**

Consultant Gynaecological Surgeon &  
Oncologist

Royal Surrey County Hospital, Guildford

Register via our website [www.wirralbiargs.co.uk](http://www.wirralbiargs.co.uk)

Or Contact us directly for further information  
on [wih-tr.biargs@nhs.net](mailto:wih-tr.biargs@nhs.net)

## Course Organisers

**Nahid Gul FRCOG, David Rowlands FRCOG**

Course Convenors



# BIARGS

British & Irish Association of  
Robotic Gynaecological Surgeons

Wirral University Teaching Hospital  
NHS Foundation Trust



## 6th Annual BIARGS Conference

### 5th - 6th November 2015, Wirral, UK

[www.wirralbiargs.co.uk](http://www.wirralbiargs.co.uk)

#### Dear Colleagues,

Join British, Irish and European Gynaecology Robotic Specialists for the 6th British & Irish Association of Robotic Gynaecological surgeons Conference in Wirral on 5<sup>th</sup> & 6<sup>th</sup> November 2015. This is a multidisciplinary meeting for consultants, trainees and nurses. You will benefit from and learn about the newest developments, innovative techniques and advanced practices in gynaecological robotics.

#### Topics Covered:

- Training and credentialing in robotic surgery
- Clinical application of robots in surgery
- Risks of surgery and cost-benefit analysis
- Research/evidence

Papers and videos are accepted on the role of robotic surgery in all aspects of gynaecology. Closing date for abstract submission is 28<sup>th</sup> September 2015.

Register online for the conference using the secure credit/debit card payment site, or download a hardcopy registration form. Registration fee includes access to all scientific sessions, conference materials and refreshments, including the conference dinner.

Register for the Pre-Congress Interactive Masterclass on 4<sup>th</sup> November 2015 to watch live robotic surgery, demonstration of pelvic anatomical planes and learn approaches for careful pelvic dissection.

On behalf of the organising committee, I look forward to welcoming you to Wirral for the BIARGS 2015.

Regards,

#### Important Dates:

#### Miss Nahid Gul FRCOG, FIRCS

Chair of Organising Committee  
Consultant Gynaecological Surgeon  
Wirral University Teaching Hospital  
Wirral, United Kingdom  
Email: [nahidgul@nhs.net](mailto:nahidgul@nhs.net)

Abstract submission open	01.06.2015
Deadline for abstract submission	28.09.2015
Notification of abstract acceptance	05.10.2015
Deadline for early registration	10.10.2015

#### For further information:

Website	<a href="http://www.wirralbiargs.co.uk">www.wirralbiargs.co.uk</a>
Email	<a href="mailto:wih-tr.biargs@nhs.net">wih-tr.biargs@nhs.net</a>
Telephone	+44 151 604 7129 / 7036 / 7357
Fax	+44 151 604 7340





# EVENTS

## JOINT RCN/ BSGE CLINICAL NURSE SPECIALIST ENDOMETRIOSIS CPD (Continuing Professional Development) Event

Friday, 20 November 2015

Registration from 9.30, 10.00 – 15.15

RCN HQ, 20 Cavendish Square,  
London W1G 0RN

The RCN has been working with a number of stakeholders and has published a [guidance skill set](#) for Clinical Nurse Specialists in Endometriosis and an [Endometriosis Factsheet](#).

The guidance was launched on 3rd March 2015 and is now being used in practice to help support the commissioning process of CNS in Endometriosis, while the factsheet is providing a quick reference diagnosis and management tool for nurses, to help enhance quality care for women.

As part of our ongoing commitment to furthering the continuing professional development of specialist nurses and ensuring the highest standards of care, we will be holding an event specially prepared for clinical nurse specialists in endometriosis working across the UK. This day will update you on what is happening in this specialised field, as well as provide an opportunity for you to collaborate and network with your peers.

We would like to invite you to attend this day and very much hope you will be able to join us. Please note there will be a nominal fee for attending the day.

If you would like to attend please RSVP by [email to the RCN](#): [RCNEvents@rcn.org.uk](mailto:RCNEvents@rcn.org.uk) and your formal invitation from the RCN's Professional Lead Midwifery and Women's Health, will follow shortly. In the meantime we kindly ask you to hold the date in your diary.

### Liz Russ

Conference and Events Organiser

Royal College of Nursing

Free BSGE membership for 1 year for all new endometriosis CNS: Find out more and sign up on the BSGE website.

## RCOG ANNUAL PROFESSIONAL DEVELOPMENT CONFERENCE

Date: 24-26 November 2015

Venue: RCOG

The RCOG Annual Professional Development Conference is aimed at providing an authoritative update on clinical problems relevant to the specialty of obstetrics and gynaecology. Expert speakers are asked to give an overview suitable to colleagues in all subspecialties, as well as generalists. The meeting also provides an opportunity to have informal discussions with College officers. The focus of this year's meeting is "clinical dilemmas" and we hope that this meeting will help resolve most of them.



RCOG, London

For further information, please visit RCOG website.



# EVENTS

## RCOG/BSGE DIAGNOSTIC AND OPERATIVE HYSTEROSCOPY

Date: 1, 2, 3 December 2015

Venue: RCOG, London

### Overview

This meeting covers a range of theoretical and practical demonstrations of both diagnostic and operative hysteroscopic surgery. Lectures include current and future developments in hysteroscopic procedures, new energy forms and innovative ambulatory surgery.

Workshops using models and computer-simulated procedures will cover hysteroscopic sterilisation, endometrial polypectomy using bipolar electrodes, mechanical snares or/with morcellation, submucosal fibroid resection and global endometrial ablation using both hysteroscopic and non-hysteroscopic devices. During this course you will find ample time for discussion, debate and networking throughout the course of the meeting.

### The workshops consist of:

Delegates will attend a diagnostic hysteroscopy and resection station for the duration of 3 hours. The resection is with either the potato session or heart-model session for the development of diagnostic hysteroscopy skills, endometrial ablation and resection using electrosurgical tools. In addition, there will be an assessment of diagnostic hysteroscopy skills and a station for viewing examples and case studies.

- Rotation around a series of five stations, each of 40 minutes duration, covering skills for endometrial polypectomy, global endometrial ablation and hysteroscopic sterilisation.

Registration for this course includes one day of workshops on either Tuesday 1 or Thursday 3 December and lecture (theoretical component) on Wednesday 2 December.

The workshops runs for 4 groups of delegates.

- Groups 1 and 2 start at 08:30 and finishes at 17:40 on Tuesday 1 December
- Groups 3 and 4 start at 08:30 and finishes at 17:40 on Thursday 3 December



RCOG, London

### Why Attend?

- Open to those wanting an update in existing and evolving areas of hysteroscopic surgery
- Participate in hands-on practical skills training on hysteroscopic procedures
- Suitable for the theoretical component of the 'Benign Gynaecological Surgery: Hysteroscopy' (pre 2011 syllabus) ATSM and 'Benign Abdominal Surgery: open and laparoscopic' (January 2011 syllabus) ATSM
- Please note, delegates must attend lectures AND one of the hand-on workshop sessions for ATSM purposes
- Claim a maximum of 12 CPD credits for full attendance (hands-on session and lectures) at this meeting

### Who Should Attend?

- All Trainees and Consultants in Obstetrics and Gynaecology
- Consultants wishing to enhance their hysteroscopy skills
- Nurse Hysteroscopists and GPs with a special interest
- Those who are registered or who plan to register for ATSMs
- Staff Grade and Staff Doctors, Trust Doctors and Associate Specialists

### Course Organisers

Miss Mary Connor FRCOG, Sheffield

Mr Stephen Burrell, Luton

For further information, [please click here](#).



## EVENTS



## AWARDS

### Non BSGE Meetings

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Date: 24-25 September 2015

#### HANDS ON HYSTEROSCOPY WORKSHOP

Venue: Chelsea Centre of Minimal Invasive Gynaecology (CCMIG)

To register for the course, please visit [www.chelwest.nhs.uk](http://www.chelwest.nhs.uk)

For more information contact [eduadmin@chelwest.nhs.uk](mailto:eduadmin@chelwest.nhs.uk) or call +44 (0)20 3315 8538

Date: 28 September 2015

#### HOW TO APPLY FOR A CONSULTANT POST WORKSHOP IN OBSTETRICS & GYNAECOLOGIST

Venue: Delta Centre, Royal Derby Hospital, Derby

Programme flyer can be [downloaded here](#).

Date: 12-13 October 2015

#### TOTAL LAPAROSCOPIC HYSTERECTOMY MASTERCLASS AND WORKSHOP

Venue: Delta Centre, Royal Derby Hospital, Derby

Please [download programme here](#) for further information.

Date: 24-26 November 2015

#### RCOG ANNUAL PROFESSIONAL DEVELOPMENT CONFERENCE

Venue: RCOG

For further information, please visit [RCOG website](http://RCOG website).

Date: 26-27 November 2015

#### NEW TRENDS IN OPERATIVE HYSTEROSCOPY

You can [download course flyer here](#).

For further information, please email [g.big@tiscalinet.it](mailto:g.big@tiscalinet.it)

Date: 1-3 December 2015

#### ESSENTIALS AND INTERMEDIATE LAPAROSCOPIC SKILLS FOR GYNAECOLOGICAL TRAINEES

Venue: Cuschieri Skills Centre, Ninewells Hospital, Dundee

You can download [course flyer here](#).

Contact details: [s.y.hackett@dundee.ac.uk](mailto:s.y.hackett@dundee.ac.uk)

Website: [cuschieri.dundee.ac.uk](http://cuschieri.dundee.ac.uk)

### BSGE Awards & Bursaries 2015 round is now OPEN



Dear BSGE member

I would like to draw your attention to the new round of [awards and bursaries](#) which are now open for application closing on 30th September 2015 at 5 pm.

Applications are welcomed from medical, nurse and paramedical BSGE members. Bursaries are available to support educational courses relevant to Gynaecological Endoscopy. Examples of such would include Nurse and GP hysteroscopy courses, Endoscopic MSc courses & Nurse endoscopic surgical assistant courses.

Travel awards are available to enable medics to visit other centres of excellence, either UK or overseas. There is a category for both consultants/SAS, trainees, GP's, nurses and paramedics.

I should point out that several applications were not considered last year simply because of failure to adhere to the rules of application. The common problems were late submission, not complying with the CV requirements (maximum 2 pages) and not supplying relevant references supporting the application. Over 90% of the applications were received in the last 48 hours. If you submit your application early we can look over them and send back for correction and reapplication where necessary.

There were no applications for the GP & Paramedic fellowships last year and applications across the board were sparse. If you have a well organised and well thought out application, you are very likely to succeed.

The details of all the awards and bursaries are available on the [BSGE website](#), last year BSGE awarded over 20,000 pounds.

Go on. Apply. You are very likely to succeed.

**Mr Simon Jackson**

Chairman

BSGE Awards Committee

# The BSGE as I know it!!



Lesley Hill MIMgt

My memory is fading, fading fast!  
But, as promised, some history, at last!  
I have seen them come and seen them go  
from parts of the world I didn't know!  
I managed Pitman for many a year  
a takeover by C&G brought my greatest fear.  
So, in 95 I started to work for Jeremy Wright  
to computerise his practice in peace and quiet.  
One day he passed a box of cards to me  
and said "can you set up a database on the PC?"  
What was this "something" called the BSGE?  
a daunting task it looked to be!  
But set it up I did and, quite rightly  
I learned all about this "Society"  
It began in 89 with members few  
it needed a boost, something new!  
When joining then "they" paid a fee  
by standing order or cheque it had to be!  
In 96 I had cancer, and again the following year!  
We faced it all and overcame our fear.  
But, something told us that it was time  
to change our lives and go off to a better clime!  
So on 1st November 98 it came to be  
and along with us went the BSGE!  
Although sad, it was a happy day  
and with office awaiting we went on our way.  
Over the years things have moved on.....  
Secs? Susie, Andrea and now Atia Khan,  
from Society to Charity over time  
from Access to database and website on line.  
Atia and I work together to fill in the cracks  
payments now by direct debit thru BACS!  
Journals can be accessed on line  
saving money, space and time  
We look after members one and all,  
qualified, trainees, nurses, like us "on call"  
providing a service not surpassed  
our members only have to ask!  
One last thing to say, before we call this a day!  
The efficiency and management is second to none  
because Officers, Secretariat, Accounts/Database all work as one!

**Lesley Hill MIMgt**

Accounts & Database



## MEMBERSHIP MESSAGES

### Free AAGL membership for BSGE members

Did you know, BSGE Consultant and Trainee members get free electronic membership of the AAGL?

This includes electronic access to the Journal of Minimally Invasive Gynecology (JMIG), your personal listing in AAGL's Physician Finder, used by patients around the world to find doctors specializing in minimally invasive gynecologic surgery (MIGS), access to online SurgeryU surgical video library and much more.

You also receive a discount on all of their learning events including the AAGL Global Congress and regional courses.

If you require reminder of your access to AAGL, please email Atia Khan, BSGE Secretariat for details at [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk)

### Free membership for a year for new Endometriosis CNS

After consultation following the recent Silver Jubilee Meeting of the BSGE in London, it has been agreed that Endometriosis CNS's should attend the annual scientific meeting each year as part of their clinical role. The BSGE has set this standard and expect the Endometriosis nurse to meet it unless they have planned leave, or another significant reason for non-attendance. A specific programme will be delivered for the Endometriosis CNS's and it will be a chance to network with colleagues from around the UK. We hope it will be valuable, educational and entertaining. Conference registration rates for nurse will be kept to a minimum to help with the financial costs but as it is a requirement of the post, we expect Trusts to fund the training by covering the registration costs and hopefully travel. It is cheaper to register if you are a BSGE member.

It is hoped that many Endometriosis CNS's are already members of the BSGE but some may not be. To help those who need to join, the BSGE has agreed that for a limited time the first year of membership for an Endometriosis CNS will be free if they establish a direct debit mandate. Please use the link [here](#) to register for membership. We are already working on an inaugural meeting of Endometriosis Nurses at the RCN followed by an exciting programme for the [Cornwall ASM](#).



# 5<sup>TH</sup> BSGE VIDEO COMPETITION

Dear Friends and colleagues,

We are delighted to invite you to enter your video for the 5th BSGE Video competition.

Since last year, we have a new category in our video competition for Consultants and non-trainee members. This is in addition to the trainee category, which will be running for the 5th year.

The prize for the trainee winners (there will be 4 of them) is £250 and for Consultants and non-trainees, one year free membership. Ok, it's not exactly winning the lottery but looks nice on the CV AND don't forget you can claim CPD points, same as publishing a paper in a journal.

To enter the competition you need to complete both of the following by 5pm on 30th October 2015.

1. Upload your video (s), following the instructions below AND

2. Complete and Submit the application form here  
<http://goo.gl/forms/TsCf0uLTQL>



*Shaheen Khazali*



*Simon Jackson*

## What kind of Videos will be considered?

- There is no expectation that exceptional surgical skills. If you think your fellow members will find your video useful and educational, then it is a good video to submit. For example, a well-edited video of a salpingectomy for ectopic pregnancy that demonstrates the standard technique and shows the anatomy well, using appropriate graphics and is accompanied by a well-written summary is a perfectly good video to submit. Other examples include: demonstration of simple tips and tricks, complications and their management, challenging or rare cases, anatomical variations, as well as more advanced techniques.
- The description of the video is very important and is considered carefully by the judges. A well-written educational summary (less than 250 words) is likely to increase your score.

- The video must not be more than 10 minutes in length and should be in a commonly used format other than DVD (e.g. mov, .mpg, .wmv etc).
- The video must be completely anonymised, both for the surgeon and the patient. It must only contain views of internal organs.
- Submission of multiple videos by the same person is permitted. (separate application forms need to be filled in for each submitted video)

Enter  
to win  
£250

## Dates for submission

Submission deadline – 30 October 2015, 5 pm

## The prize:

- For trainees: There is a cash prize of £250 for 4 winners.
- For non-trainees: One year of free membership.
- The winners' names and their videos will be published on the BSGE website. The length of time videos will remain on the website may vary. Some of the unsuccessful videos may also be published on the video library at the editor's discretion.

## To submit your video:

1. Rename your video's file name to match the following: short title of video (primary Surgeon's surname-Presenter's Surname if different, Country) For example: en-bloc Resection of the Butterfly area (Khazali-Pandey, UK) THIS IS VERY IMPORTANT
2. Create a free Dropbox account if you don't already have one.
3. Email [bsge.forum@gmail.com](mailto:bsge.forum@gmail.com) with subject line "video competition 2015" telling us you intend to enter the competition. USING THE EMAIL ADDRESS ON YOUR DROPBOX ACCOUNT
4. We will invite you to a shared Dropbox folder. Copy your video into that folder.

Don't forget to fill in the online application form using this link:  
<http://goo.gl/forms/TsCf0uLTQL>

For any questions regarding the competition, please email us at [bsge.forum@gmail.com](mailto:bsge.forum@gmail.com)

Looking forwards to receiving your videos and good luck!

**Shaheen Khazali & Simon Jackson**

## VIDEO

### Recently added Videos to the Library

For instruction on how to submit your video for publication, email [bsge.forum@gmail.com](mailto:bsge.forum@gmail.com)

Laparoscopic ColpoSacropexy (Malzoni, Italy)

SO-SURE, a Structured approach to Segmental bowel resection

(Khazali, UK-Iran)

Segmental Bowel Resection- two nodules (Khazali, UK-Iran)

### Videos presented at the SJM London

All presenters were invited to submit their videos to be published to the video library. The following videos were received. If you presented your video at the BSGE SJM and would like to publish your video to the BSGE library, follow the instructions you have already received or email [bsge.forum@gmail.com](mailto:bsge.forum@gmail.com) for instructions.

Ligasure failure (Eskandar, Dyiaf, UK)

It can get hot! (Montgomery, Khazali UK)

En-bloc Butterfly resection (Pandey, Khazali UK) – Winner of the golden Laparoscope for the best video presentation

Ectopic pregnancy in rudimentary horn (Montgomery, Khazali, UK)



Shaz Salim

## NOTEWORTHY ARTICLES

Laparoscopic Fluorescent Visualization of the Ureter With Intravenous IRIye800CW (2015). JMIG, Volume 22, Issue 5, Pages 799–806.

Adolescent Endometriosis: Report of a Series of 55 Cases With a Focus on Clinical Presentation and Long-Term Issues (2015). JMIG, Volume 22, Issue 5, Pages 834–840.

Laparoendoscopic single-site myomectomy compared with conventional laparoscopic myomectomy: a multicenter, randomized, controlled trial (2015). In press.

Surgical approach to hysterectomy for benign gynaecological disease (2015). The Cochrane database.

Preoperative Mechanical Bowel Preparation for Abdominal, Laparoscopic, and Vaginal Surgery: A Systematic Review. (2015). JMIG, Volume 22, Issue 5, Pages 737–752.

Parasitic myoma after laparoscopic morcellation: a systematic review of the literature. (2015). BJOG. Online.

A prospective comparative study of cosmetic satisfaction for three different surgical approaches. 2015. EJOG. Volume 190, Pages 48–51.



Fevzi Shakir





# BSGE NEWSLETTER TEAM

## Introducing the Newsletter Editorial Team



**Shaheen Khazali**  
*Editor*



**Sallyann Smith**  
*Graphic Designer*



**Atia Khan**  
*News/Admin*



**Tom Smith-Walker**  
*Videos/Papers*



**Shaz Salim**  
*Videos*



**Mark Whittaker**  
*Portfolios/News*



**Kirana Arambage**  
*Trainees/Events*



**Fevzi Shakir**  
*Trainees/Papers*



**Natasha Waters**  
*Discussion forum*



**BRITISH SOCIETY** for GYNAECOLOGICAL ENDOSCOPY

## Contact Information

### Correspondence address:

BSGE Secretariat, Royal College of Obstetricians & Gynaecologists,  
27 Sussex Place, Regent's Park, London NW1 4RG

Tel: 0207 7726474 Fax: 0207 7726410 Email: [bsge@rcog.org.uk](mailto:bsge@rcog.org.uk)

[www.bsge.org.uk](http://www.bsge.org.uk)