

THE SCOPE

Newsletter of the British Society for Gynaecological Endoscopy

**All the latest
from the BSGE**

PLUS

- | All new News Section
- | BSGE in Vegas
- | Details of BSGE ASM
2019, Celtic Manor,
Newport, Wales



Welcome

Welcome to this edition of *The Scope*

Editor's Notes



Happy New year fellow BSGE members and welcome to the latest edition of the Scope. I trust you all had a rewarding festive period, as I did, and are looking forward to the rewards of 2019.

One of those rewards lies ahead in Wales, in our annual scientific meeting at the Celtic Manor. Not to let any 'cats out of the bag' I can guarantee that it will be a meeting to remember, from the location, the scientific point of view, and the social activities that the local organising committee has arranged. More details can be found on the website, on the Facebook page and in this Scope.

There is currently a lot going on in the world of minimal access surgery, Rebecca Mallick as usual has done an excellent job in selecting noteworthy and topical articles from literature. It is particularly important to highlight articles that have benefitted from BSGE funding and support. These include Kruppa Madhvani et al's paper in the BJOG: "Route of hysterectomy: a retrospective, cohort study in English NHS Hospitals from 2011-201. The article highlights the increase in minimal access hysterectomy in the UK and dovetails nicely with the recent RCOG publication: "RCOG report on Patterns of benign gynaecology care in English NHS hospital trusts 2015/2016". Both of these papers can be used to benchmark our performance and be used as evidence to improve minimal access surgery in our individual units.

Another article to remember from Rebecca's last series in The Scope is our very own "Laparoscopic excision of deep rectovaginal endometriosis in BSGE endometriosis centres: a multicentre prospective cohort study" published last year in BMJ open. A very good example of collaboration and prospective gathering of information to improve outcomes for women with endometriosis.

An important way to influence practice is to participate in the development of scientific impact papers. The RCOG Scientific Advisory Committee (SAC) meets three times a year to oversee the development of scientific impact papers. The committee is keen to ensure that future SIPs address pertinent topics across the specialist areas of practice within O&G, and would welcome suggestions from all of the specialist societies. One of the question in this year's BSGE membership survey invites suggestions for topics you would like included.

Talking of social media, the BSGE is looking to develop a bigger presence on Facebook and Twitter and hope that you will all visit our pages and make them as interactive as possible.

BSGE council members and officers are always looking for ways to improve the Society and your suggestions are invaluable. From our presence on Twitter we have had overwhelming support for the recently published hysteroscopy guidelines in collaboration with the RCOG. There have also been robust discussions around the issue of power morcellation following on from the invitation for feedback from the joint RCOG/BSGE information leaflet on power morcellation of fibroids.

In the media there have been interesting documentaries like "The Bleeding Edge" on Netflix, looking into women's health issues such as Essure and robotic hysterectomy. It is worth a watch, as it gives insight into the interactions between industry, healthcare and members of the public. BSGE membership is now open to those living outside the UK with many inviting benefits. Our last membership survey was in 2017, the response rate was encouraging and we have been able to improve a few things, thanks to your responses.

This year I am sending round a membership survey and hoping for a high response rate. The survey acts as an informative way for the Society to solicit the views of you, our members. The last survey showed that the majority of members support the activities of the BSGE, we anticipate that this year we will be able to measure any trends in the response to activities laid on by the BSGE.

In this edition of the Scope, there is an interesting article by Nadine Donato. It highlights her very rewarding visit to Professor Horace Roman in Bordeaux. I hope everyone enjoys the read. I also hope to hear from members who visit other units, either within or outside the UK, so we can feature their experiences in the Scope, to encourage the sharing of learning within the membership. Please remember to take photos, both surgical and social, to illustrate your report.

We want to increase member involvement in The Scope. There is a new BSGE News page, so please share any stories, pictures or information with us at editor@BSGE.org.UK

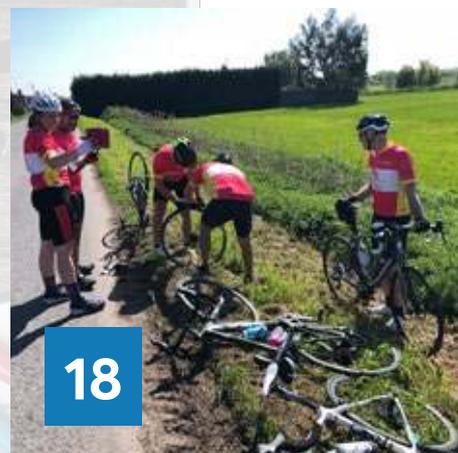
Funlayo Odejinmi (Jimi)

Scope Editor and Member Relations portfolio chair
email: bsge@rcog.org.uk

Contents

IN THIS ISSUE

- 04** President's Message
- 05** BSGE News
- 09** BSGE in Vegas
- 10** BSGE ASM 2019
 - Celtic Manor
 - Meet the Local Organising Committee
 - Call for Abstracts
 - ASM App introduced
 - Pre-congress Courses
 - Industry at the ASM Gala Dinner
 - Alec Turnbull Lecture
 - Key Dates to remember
- 18** Tour de Endo Centres
- 19** Bordeaux Report
- 20** BSGE Meeting on Contemporary Management of Heavy Menstrual Bleeding
- 22** Portfolio Reports
- 25** RIGS
- 27** Facebook update
- 28** Noteworthy Articles
- 30** Upcoming Events



President's Message



I'd like to wish all BSGE members a happy new year, I hope it will be a successful one for you personally, and for the Society as a whole.

I would like to open my message by welcoming some new faces: Bindle Desai joins Atia as Deputy Specialist Society Co-ordinator and we also have two new council members, Tom Smith-Walker and Funlayo Odejinmi (Jimi) who are quickly becoming established in their portfolios.

There will be further council changes this year. Look out for an e-mail inviting nominations next month. I encourage you all to vote, the BSGE is your Society and by exercising your democratic right you can influence its future direction. Atia will also be contacting members with details of all subcommittee vacancies, I'd like to invite you all to consider joining, so that we can further widen member participation.

Krupa Madhvani has recently had a paper published in the BJOG. The BSGE-funded landmark study looks at the current UK status of laparoscopic hysterectomy. It shows a steady increase in laparoscopic hysterectomy rates over six years and demonstrates that our educational and training processes are paying dividends and improving patient care.

BSGE has continued to have a very busy schedule. There was a very successful HMB meeting at RCOG in December, which is reported on later in this issue of The Scope. Award assessment and allocation now happens with increased frequency and the budget has been increased. Last year we announced that a new category of overseas member was in development, I am pleased to report that applications for international members go live next week. We completed the BSGE / Olympus and BSGE / Ethicon programmes in 2018, with 48 training places offered in advanced laparoscopic surgery techniques, we look forward to announcing the successful applicants for 2019 very soon. We also look forward to the next workshop on cadaveric anatomy and surgery workshop in Warwick in partnership with Stryker. I am very grateful to all our industry partners for their vital ongoing support in training

Towards the end of last year the Society released a statement on hysteroscopy, the full wording of which is available in the news section of The Scope and on the website. It is important to give women choice about whether hysteroscopy is performed in an ambulatory setting or under general anaesthetic as a day case, as part of a fully informed consent process. Together with the RCOG, we have produced and published an excellent patient information leaflet on hysteroscopy, which is also available on the website. I would recommend that all members read both documents.

You will see in the news section that a membership survey will be coming soon, please respond so that we can better understand member needs. It's your Society and by sharing your opinion, your experience and your knowledge, in elections, sub-committees, the Scope and in the survey you can help shape its future.

As the new year starts we look forward to ASM 2019 at Celtic Manor. The conference is set to be one of the best yet. The location is beautiful and the LOC have put together an outstanding programme academically and socially, with Adam Kay as the speaker at the annual gala dinner. It is essential to register and book accommodation as soon as possible. Look closely at the early bird rates, which end on February 18th. I look forward to seeing you all in Wales.

As we go to press, this year is set to be a time of change politically. As a Society we will continue to be inclusive, welcoming and to work closely with colleagues across the globe to share knowledge and skills, enhance training and improve the health of women. I wish all members and colleagues a very happy 2019.

Sanjay Vyas

BSGE President



BSGE News

BSGE Ambulatory Gynaecology Network

The inaugural meeting of the Ambulatory Care Network will take place in Birmingham from 28-29th March 2019.

Many diagnostic and therapeutic interventions can now be undertaken in an outpatient setting, within self-contained hospital or community facilities. Diagnostic and operative endoscopy, diagnostic and therapeutic imaging and many general gynaecological interventions can be carried out without general anaesthesia. This makes ambulatory care attractive to patients, health care professionals and managers.

Ambulatory gynaecological care is generally safe, convenient, cost-effective and associated with rapid recovery time. However, managing women who are awake in an outpatient setting presents a number of challenges.

The first Ambulatory Care Network meeting will explore all issues related to gynaecological ambulatory care, including protocols and pathways, referral criteria and preparation and pain-relief techniques to optimise the patient experience. The group will share practice and explore, from experience, what works and what doesn't.

Most of the time in each session will be allocated to discussion, through Q&A, small group breakouts and written questions that may be submitted via e-mail or social media. Subjects to address include overcoming hurdles, the research and evidence base, quality assurance and issues around funding and dealing with commissioners.

BSGE Vice President Justin Clark is heading up the group which includes gynaecologists, GPs and nurses. He told The Scope:

"Advances in technology combined with the enthusiasm of clinicians and the demands of our patients has resulted in much contemporary gynaecological practice being delivered in an ambulatory setting. This new interactive forum provides an exciting opportunity for doctors and nurses with a passion for ambulatory care to learn from each other, share ideas, improve quality, direct research and innovate within this expanding field."



BSGE Statement on Hysteroscopy

The BSGE has made a statement about outpatient hysteroscopy in response to demand from members and patients. The statement is printed in full below, it is also available on the website together with high-quality information leaflets that can be downloaded by members and given to patients:

Diagnostic hysteroscopy is a commonly performed investigation; it is safe and of short duration. Most women are able to have the procedure in an outpatient setting, with or without local anaesthesia, and find it convenient and acceptable. However, it is important that women are offered, from the outset, the choice of having the procedure performed as a day case procedure under general or regional anaesthetic. Some centres are also able to offer a conscious sedation service in a safe and monitored environment.

It is important that the procedure is stopped if a woman finds the outpatient experience too painful for it to be continued. This may be at the request of the patient or nursing staff in attendance, or at the discretion of the clinician performing the investigation.

Outpatient hysteroscopy has proved controversial, with a number of patient groups taking to Twitter to express their concerns. The BSGE statement, quoted in the new Green Top Guideline, has been widely welcomed. Hysteroscopy Action tweeted:

@RCObsGyn publishes important message from @TheBSGE - hospitals must allow women choice of OP, GA, epidural or safely monitored sedation for #hysteroscopy. Respect Montgomery informed consent.



BSGE News

Membership Survey

The BSGE has just launched the second member survey, which is being distributed as an online 'Survey Monkey' by email to all members. It has been developed by Funlayo Odejinmi (Jimi) in his role as member relations portfolio chair. Through the responses, the Society hopes to gain a greater understanding of opinion and satisfaction and to get an insight into the things that members value in the BSGE.

In 2017 the BSGE carried out the first survey of members. Overall the survey results were extremely positive. The Society aimed to build on the strengths and to improve performance and perception in the less successful areas.

The members who answered felt that the guidelines, the awards and bursaries and the education and networking opportunities that meetings like the ASM offer were among the most important parts of the BSGE's role. There was also wide support for continued access to the Journal of Gynaecological Surgery, ongoing association with ESGE and the AAGL, as well as interest in developing international membership opportunities.

The Society responded to the feedback, introducing portfolio sub-committees so that more members have a hand in the running of the BSGE. The RIGS group have regional representatives from across the UK, to ensure that trainees from north, south, east and west have a point of contact. President Sanjay Vyas said:

'We have increased transparency in the appointment of positions, with clear job descriptions, standard operating procedures and an election scoring system. Anyone who has issues and concerns should contact a member of the council, we will listen and take action whenever necessary.'

Dominic Byrne emphasised that the survey feedback has helped to shape BSGE policy:

'In direct response to member demand we have negotiated ongoing membership of the ESGE and open online access to The Journal. We are also currently developing overseas membership, which will be discussed at the AGM prior to being ratified and implemented.'

The 2019 survey is based on the previous survey, however it has been streamlined so that it is easier to complete. Extra questions have also been added, in response to requests by the chairs of some of the subcommittees.

Launching the survey, Jimi said:

'The BSGE exists for the benefit of members. It is only by encouraging open feedback and debate that we can respond to concerns and plan for a strong future for the Society. I would encourage all members to fill in the survey, so that they can have an impact on the BSGE's future direction.'



BSGE News

BSGE open to Overseas Members

At the Annual General Meeting, 2018, a new BSGE category of overseas member was agreed.

Secretary Shaheen Khazali and Council have been working to introduce this new development and the Society has announced that international membership is now available.

It is anticipated that this will increase BSGE membership, facilitate shared learning and increase co-operation with international colleagues.

JOIN THE BSGE TODAY

MEMBERSHIP
NOW OPEN TO
THOSE LIVING
OUTSIDE THE UK



BENEFITS INCLUDE:

- ✓ **DISCOUNTED REGISTRATION FEES TO BSGE MEETINGS**
- ✓ **ACCESS TO BSGE VIDEO LIBRARY**
- ✓ **ACCESS TO SELECTED LECTURES FROM PREVIOUS BSGE ANNUAL SCIENTIFIC MEETING**
- ✓ **RECEIVE BSGE NEWSLETTER, "THE SCOPE"**
- ✓ **DEDICATED AWARDS AND COMPETITIONS FOR OVERSEAS MEMBERS (DETAILS TO BE CONFIRMED. THESE MAY INCLUDE VIDEO COMPETITIONS & DISTANT MENTORSHIPS BY UK EXPERTS)**
- ✓ **ACCESS TO THE BSGE SICS DATABASE**

*VOTING IN AND STANDING FOR BSGE ELECTIONS AND CORPORATE MEMBERSHIP OF SISTER SOCIETIES ARE RESTRICTED TO UK MEMBERS ONLY

GO TO WWW.BSGE.ORG.UK TO JOIN 



INAUGURAL AMBULATORY CARE NETWORK (ACN) MEETING BIRMINGHAM 28-29th MARCH 2019

Gynaecological interventions in the outpatient setting have evolved rapidly over the last decade and whilst they provide many advantages to women, clinicians and the wider health service, ambulatory care also presents challenges and uncertainties. We present a series of 8 interactive sessions introducing key themes and controversies in ambulatory gynaecology, important for those involved in managing women's health in the outpatient setting – hospital doctors, nurses and GP specialists.

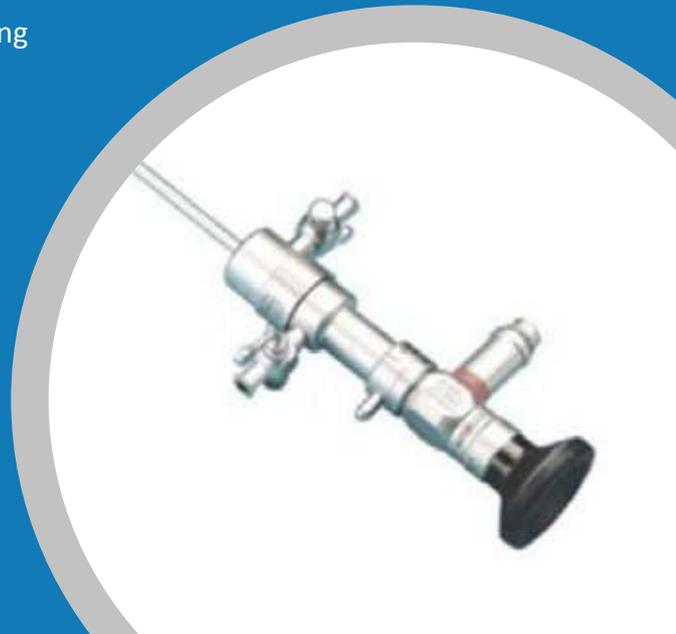
Themes: 1. Purpose and goals of the ACN 2. Optimising the patient experience
3. Clinical management 4. Implementing services 5. Latest evidence and guidelines
6. Training 7. Quality assurance 8. Research

Venue: Crowne Plaza Hotel, Birmingham City Centre

Cost: BSGE members-£50 for meeting only and £90 for meeting and accommodation

Non BSGE members- £75 for meeting only and £115 for meeting and accommodation (includes lunch on both days and 3 course networking evening meal)

For a detailed agenda and information
on how to register, please click here



BSGE in Vegas

Angharad Jones reports for The Scope from the AAGL conference in America

The BSGE 2019 local organising committee travelled, en masse, to Las Vegas in November to attend the AAGL Global Congress 2018. The conference was attended by an impressive 2214 registrants, with many familiar faces from the BSGE contributing to the busy scientific programme.

Highlights of the congress included Marcello Ceccaroni's entertaining presentation "120 years after radical hysterectomy", "Stump the Professors", the live surgery session and onstage surgical contest "The Hands" which was won by immediate past AAGL president Jon Einarsson.

As expected in a party town like Vegas there were many social activities, which were fully enjoyed by the BSGE team. From networking at the golf range, around the lunch table, the Da Vinci film festival and the Presidential Gala Ball at Hakkasan, so much fun was had with friends and colleagues, old and new.

The BSGE 2019 LOC hope to embrace the AAGL's energy and entertainment by including new and interactive sessions in the ASM programme. Keep up to date with the scientific programme via www.bsge2019.org.



BSGE ASM 2019

‘Prudent healthcare through innovation, technology and excellence’

This year’s ASM is the result of collaboration between teams from Bristol and Cardiff. Celtic Manor, near Newport, was chosen as a venue because of the superb facilities, convenient location between both cities and excellent transport links.

The conference theme is of providing prudent healthcare through innovation, technology and excellence. The co-chairs of the local organising committee (LOC), Sanjay Vyas and Richard Penketh explained the ethos behind the title: ‘Prudent healthcare embodies co-production, effective use of resources, doing only what is needed and reduction of inappropriate variation using evidence based practice.’

They added that they were confident that, as minimal access surgeons, BSGE members would already embed these principles into their practice saying, ‘Minimal access surgery innovates continuously with new technology as it strives for excellence and has a fantastic track record of improving patients’ lives as a result.’

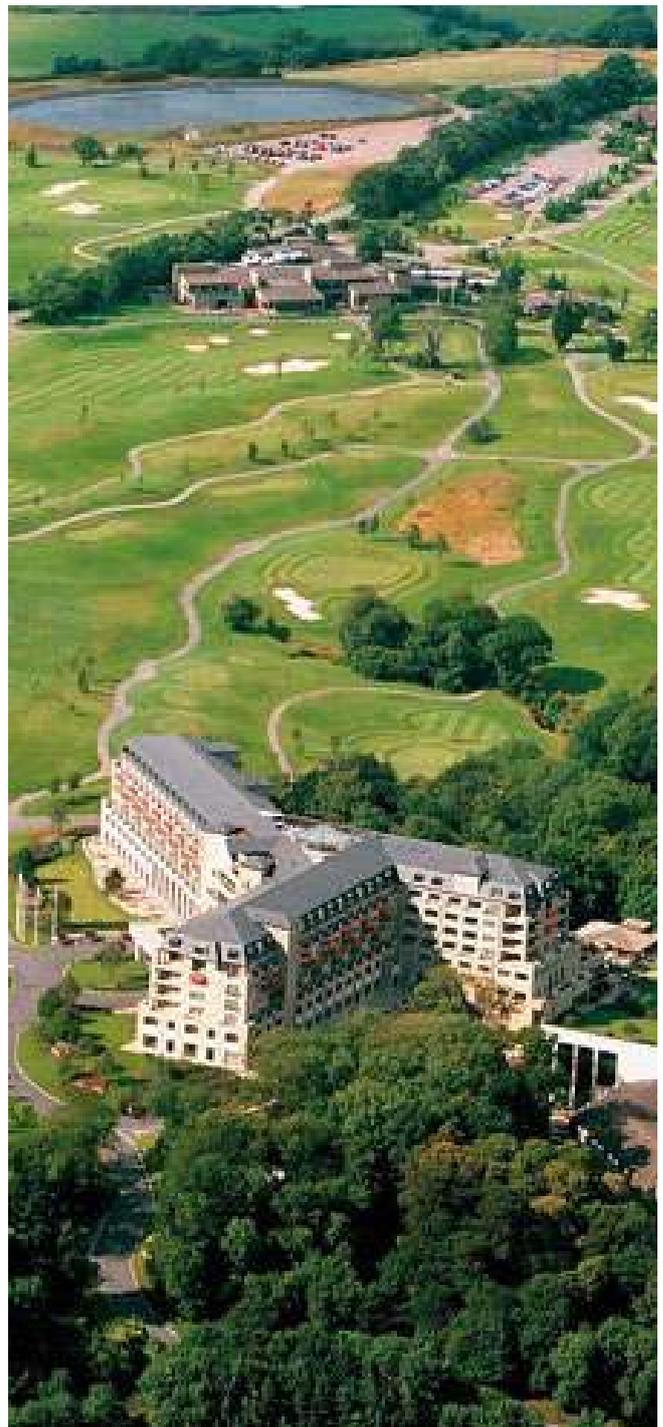
The programme is designed to build on this and aims to both inform and challenge delegates. The invited speakers are experts in the field and the sessions should prove both educational and entertaining. Novel presentation methods have been introduced, with the aim of increasing audience participation and facilitating feedback.

The LOC emphasised that the BSGE is, and always has been, a multi-disciplinary society. This year the programme has been developed so that participation is also multi-disciplinary:

“We have moved away from the nurse / doctor split in the programme, and hope that members of every sort will be able to learn from and contribute to the sessions together, reflecting the joint manner in which we all spend our working lives. It is this sort of teamworking that results in excellence in patient outcomes.”

The co-chairs of the local organising committee, Sanjay Vyas and Richard Penketh encouraged members to join them in Wales and to join in with the scientific and social programmes:

‘The BSGE is a vibrant and energetic society and its success depends solely on you, the members. We hope that you contribute and participate in our ASM, and look forward to meeting you all at Celtic Manor 2019.’



Welcome to Celtic Manor



Celtic Manor

Situated halfway between the collaborative teams of Cardiff and Bristol, Celtic Manor provides the perfect venue for BSGE 2019.

With excellent transport links, impressive conference facilities, beautiful accommodation and fabulous social activities all under one roof, BSGE 2019 will be a memorable event.

The Celtic Manor Resort is set in two thousand acres of panoramic parkland in the beautiful Usk Valley. It is located just off the M4 and is only 90 minutes from London Heathrow, 45 minutes from Cardiff Airport and Bristol Airport and 5 minutes from the Severn Bridge. It is also located close to intercity rail services at Newport, with direct trains to Cardiff, London Paddington, and Birmingham.

The resort has a spa and fitness centre as well as world-class championship golf courses, where members can tread in the footsteps of golfing legends. With the scientific programme, activities and entertainments all in the conference venue, there will be plenty of time for members to learn, relax and socialise. The LOC said:

"Celtic Manor is a 'full-on' conference venue. It has hosted the G7 summit, so it has all the infrastructure required for our ASM. Newport, the nearest town is some distance away, so the majority of delegates will enjoy the on-site conference facilities for the duration of their stay."

A very competitive room rate has been negotiated and is available for the duration of the conference, shortly before and afterwards, but must be booked by mid-February, so it is recommended that you make your plans early.



Welcome to Celtic Manor



Celtic Manor Spa



View across Celtic Manor golf course

Meet the Local Organising Committee

BSGE 2019 has been the result of careful planning and excellent team-work from an LOC formed from BSGE members from Bristol and Cardiff. They have worked tirelessly to put together exceptional social and scientific programmes. The co-chairs expressed their gratitude to the whole team, adding particular thanks to two of the trainee members of LOC 2019, whose brilliant film introduced us all to Celtic Manor at the last ASM:

"Thanks must go to Caryl and Angharad because it was their vision that prompted the Cardiff Bristol collaboration at Celtic Manor and such an innovative and stimulating event."

Here's a rundown of the whole team, with a few pictures. If you see them in Wales, please feel free to say hello, ask for help or just share your feedback.



Sanjay Vyas

Consultant Gynaecologist at North Bristol NHS Trust Endometriosis Centre, President of the BSGE and co-chairman of the BSGE 2019 ASM.



Richard Penketh

Consultant Gynaecologist at Cardiff and Vale UHB NHS Trust Endometriosis Centre and co-chairman of the BSGE 2019 ASM.



Elizabeth Bruen

Endometriosis Nurse Specialist at Cardiff and Vale UHB NHS Trust, co-ordinator of the pre-congress hysteroscopy course and integrated nurses programme.



Katharine Gale

Gynaecology Nurse Consultant at North Bristol NHS Trust and co-ordinator of the integrated nurses programme.



Islam Gamleldin

Academic Clinical Lecturer, University of Bristol and senior registrar undertaking the advanced laparoscopic excision of benign disease ATSM at North Bristol NHS Trust Endometriosis Centre and reviewer of abstract submissions.



Anthony Griffiths

Consultant Gynaecologist at Cardiff and Vale UHB NHS Trust Endometriosis Centre, reviewer of abstract submissions and co-ordinator of the pre-congress Consultant interview preparation course.



Susannah Hogg

Consultant Gynaecologist at North Bristol NHS Trust and website co-ordinator.



Angharad Jones

Senior registrar undertaking the advanced laparoscopic excision of benign disease ATSM at Cardiff and Vale UHB NHS Trust Endometriosis Centre, BSGE trainee representative, ASM scientific programme lead and social programme lead.



Jess Preshaw

Locum Consultant Gynaecologist at North Bristol NHS Trust Endometriosis Centre, ASM audio-visual and technology lead.



Lutfi Shamsuddin

Consultant Gynaecologist at Cardiff and Vale UHB NHS Trust Endometriosis Centre and ASM site co-ordinator.



Caryl Thomas

Senior registrar undertaking the advanced laparoscopic excision of benign disease ATSM at Cardiff and Vale UHB NHS Trust Endometriosis Centre, pre-congress programme lead and social programme lead.



Call for Abstracts

Abstract submission for BSGE ASM 2019 is open. Abstracts are invited for inclusion in the programme as either oral presentation, electronic poster or video presentation or video poster. The ASM is now paperless, so all applications should be submitted via the online form before the deadline of March 1st at 5pm.

The BSGE hands out well over a thousand pounds in prizes at the ASM. The awards for video, oral, poster and video poster presentations are hotly contested. As well as the financial reward, the prizes are highly prestigious and the winners will be featured in The Scope and on the BSGE website.

The winner of the 'Best Video' presentation will be awarded the Golden Telescope and will also earn the Karl Storz supported BSGE bursary to a course of their choosing, within Europe, at any Karl Storz supported centre.

The LOC emphasised that submitting an abstract does not automatically register you as an ASM delegate. If an abstract is accepted for presentation, at least one author must pay the registration fee to attend the ASM for both days. The presenting author must register for the meeting by the Early Bird deadline of 12th April 2019.

ASM App introduced

The Website and Digital Governance Portfolio have worked hard to develop an app in time for Celtic Manor. Portfolio Chair Fevzi Shakir told The Scope:

"We are currently building the app together with the Society's website hosting company. Following last year's move to online registration, we are aiming for the ASM 2019 to be totally paperless."

Fevzi said that the app would be better for the environment and for delegates:

"The app will be fully secure with excellent functionality. Delegates will be able to access the schedule, ask questions, vote and immediately see if there have been changes to rooms or timings. It's an exciting project that should enable members to get even more out of the conference."

Keep an eye on the BSGE and ASM websites for more details on how to download and get the most out of the app.



Pre-congress Courses

Extend your ASM education and enjoyment by booking a pre-congress masterclass. There are five courses running prior to the start of the BSGE ASM 2019 on Tuesday, 21st May. They have been organised by the BSGE in conjunction with the Local Organising Committee and cover a variety of subjects of interest to people working within our speciality.

Please click on the pre-congress course to find our more additional details.

Consultant Interview Preparation Course >>



This one day interview course contains a variety of interactive sessions and coaching on relevant current topics within the NHS to help you prepare for consultant interviews. This course will include small group discussions, practice questions and mock interviews with individual feedback.

Outpatient Diagnostic and Operative Hysteroscopy >>



A one-day workshop that aims to provide both theoretical knowledge and practical training to develop your outpatient operative hysteroscopy skills. It will include tips and tricks on how to set up an outpatient hysteroscopy suite, the equipment required and provide hands on training on both diagnostic and operative hysteroscopic procedures.

Intermediate Gynaecological Ultrasound >>



This is a practical simulation based ultrasound course focusing specifically on gynaecological ultrasound, in particular transvaginal scanning. The aim of the course is to cover key aspects of the RCOG curriculum module 'Intermediate ultrasound in gynaecology'. There will be an opportunity to have hands on the simulators and learn about the machine settings to optimize the image.

BSGE / RIGS Intermediate Laparoscopic Course >>



This intensive practical simulation course is arranged jointly by BSGE-RIGS. The aim of the course is to cover key operative laparoscopic requirements within the RCOG curriculum. In addition, the day will include a re-cap of relevant anatomy, electro-surgery techniques and the chance to practice and develop skills in laparoscopic suturing. The course is aimed at ST3 trainees and above or others with the equivalent surgical experience.

BSGE GESEA Exams >>



The BSGE in collaboration with the ESGE runs the Gynaecological Endoscopy Education and Assessment (GESEA) Programme in the UK. This is a structured training programme set up by the ESGE and the European Academy of Gynaecological Surgery.

Candidates who wish to enrol for GESEA certification are required to complete the e-learning module provided by the Winners Project. This is free to access via the websurg website: www.websurg.com/winners/ All e learning modules must be completed before the examination to qualify to sit the examination.

Where appropriate, transfers will be arranged to the course venue. All courses run concurrently, so delegates should choose only one. Spaces are limited, pre-registration and payment is required in order to secure your place.

Industry at the ASM

The specialty of minimally invasive gynaecological surgery could not exist without technology. It enables BSGE members to provide a clinical service to patients. The Society and industry continue to work together synergistically. Sanjay Vyas and Richard Penketh, the co-chairs of BSGE 2019 expressed their appreciation of industry support:

"The close relationship that the BSGE has with industry sponsors means that we are able to put on meetings such as the ASM, as well as running our training programmes throughout the year. We are grateful for the continued support from our industry partners."

The Platinum Sponsors for the ASM are Boston Scientific, Intuitive, Karl Storz, and Medtronic. They have been loyal supporters of the Society and the ASM and members are encouraged to drop by their stands, at the conference, to find out more.



Exhibitors at BSGE ASM, Edinburgh 2018

Gala Dinner

The ASM social programme will offer plenty of opportunities for catching up, and socialising with colleagues. The gala dinner is traditionally the social highlight of the BSGE year and the event at Celtic Manor promises to be memorable.

The dinner will be held on Wednesday, 22nd May at the conference venue, so no need to book taxis home. The meal will have a wonderful Welsh twist and for the first time, there will be a limited number of tickets for delegates' guests. One guest per delegate can purchase a ticket, subject to availability.

The BSGE has long-standing tradition of lapsing into comedy after the meal has been enjoyed. Many members will remember Pedro and the toothbrush salesman. This year, the LOC have taken things to an even higher level, securing the services of the infamous Adam Kay as the after-dinner speaker.

Adam started his career as a doctor and an obstetrics and gynaecology trainee. He swapped his white coat for a pen and microphone. He has fronted sell-out comedy tours and seasons at the Edinburgh Fringe and is an accomplished comedian and speaker. His sharp insight and dark humour gained him a cult following. In 2017 he published his deeply-confessional memoirs on his experiences as an obs and gynae trainee. 'This Is Going To Hurt' has become a best-seller and won numerous awards, including Sunday Times Humour book of the year. Comedian Jo Brand described it:

"Finally a true picture of the harrowing, hilarious and ultimately chaotic life of the junior doctor in all its gory glory, dark comedy and unavoidable sadness. This is a very, very funny book anchored by the day to day grind and catastrophe which constitutes the life of a medic in the modern NHS"

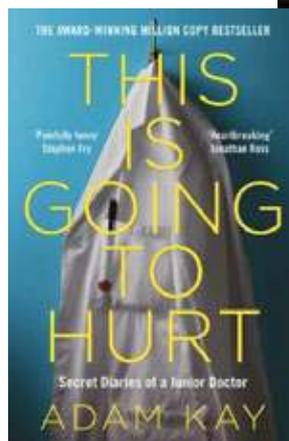
Members can take advantage of the option to book ahead for the Gala Dinner when you register for the conference. The subsidised ticket cost for delegates is £45, you can bring one guest with you but please note, spaces are limited and tickets are priced at £80.



Celtic Manor dining



After dinner speaker
Adam Kay



Celtic Manor Resort



Alec Turnbull Lecture

Indian Gynaecological surgeon Shailesh Puntambekar from Galaxy Care Hospital in Puna, India, will deliver this year's prestigious Alec Turnbull Lecture. The keynote talk on the first day of the conference is always one of the highlights on the schedule.

Shailesh specialises in minimally invasive surgery for gynaecological oncology. He heads the 'Galaxy Care Laparoscopy Institute', centre for advanced laparoscopy and has developed a technique for laparoscopic radical hysterectomy for cancer of the cervix, known globally as the 'Pune Technique'.

He is recognised as an expert in Laparoscopic Pelvic Anatomy. His new concepts in pelvic anatomy have made him a popular speaker at many international congresses. He is member of the faculty at the AAGL and sits on the AAGL Oncology Committee. Find out more from Shailesh Puntambekar at Celtic Manor on May 22nd.



*Shailesh Puntambekar from
Galaxy Care Hospital, Puna, India*

Key Dates to remember

Early bird room rate for Celtic Manor 18th February 2019
 Abstract submission closing date 1st March 2019 at 5pm
 Notification of abstract acceptance 22nd March 2019
 Submission of e-posters and video posters 12th April 2019

Early bird registration closes 12th April 2019
 Deadline for presenters to register 12th April 2019
 Conference registration closes 10th May 2019
 Tour de Endo Centres 18th-19th May 2019
 BSGE 2019 21st-23rd May 2019



View across Celtic Manor

ANNUAL SCIENTIFIC MEETING 2019

21-23 MAY

CELTIC MANOR NEWPORT

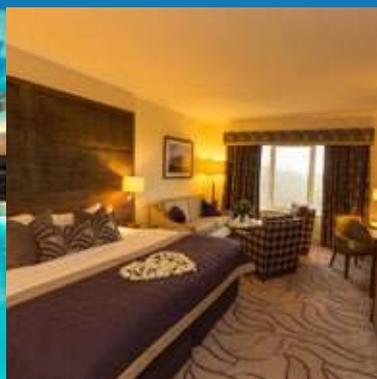


As the curtain fell on ASM 2018 in Edinburgh, thoughts turned to next year's event. ASM 2019 will maintain the Celtic flavour, being held in the resort hotel of Celtic Manor in Newport, Wales.

The conference will be jointly organised by teams from Cardiff and Bristol. The event was launched with a fantastic [film](#), which promised a dynamic, interactive and informative programme. The LOC have secured preferential rates at the Celtic Manor, and with all accommodation on site there will be plenty of time to chill in between scientific sessions.

With superb facilities, beautiful accommodation and fabulous social events all under one roof, BSGE 2019 promises to be a memorable event. So, put the date in your diary and click on the [website](#) to find out more.

Prudent healthcare through innovation, technology and excellence.



Tour de Endo Centres

BSGE ASM together with Endometriosis UK have announced the second BSGE cycle ride. This year's event will take place just before ASM 2019, on 18th and 19th May.

The challenging ride will cover 220 miles over 2 days. It will start at Endometriosis UK offices in London and will follow a route that will take in at least 7 BSGE-approved Endometriosis Centres in London, across the south of England and in Wales. The route winds through some beautiful landscapes both urban and rural. It includes climbs and cruises through the Surrey Hills, Box Hill, the South Downs, the New Forest, Stonehenge, Bath city centre and the Severn Bridge. The ride will finish in South Wales.

Hotels will be booked with the assistance of Endometriosis UK and support will be planned with regular stops for rest and refuelling. The back-up last year was described as second-to-none. Chris Hardwick, a member of Team Endo 2018 told The Scope:

"The back-up and planning were excellent and we were spoilt by our amazing support team. They drove vans, cars and campers and provided food, drink, lifts to bike shops and chemists, photo opportunities and shelter from the wind as we climbed through the borders. Hotels and dinner were booked and delicious breakfasts were delivered from a van. The cyclists simply had to get to the destination in time for a refreshment."

Last year's ride was a huge success. It raised over £16000 and gave BSGE and Endometriosis UK an opportunity to spread information both about the disease and the charity. Chris added:

"I take huge pride in what we collectively achieved. Team members cried, got injured, fell off, and battled through pain to finish this ride and show their support for the cause. We had trained on roads and in garages and attics. We are enormously proud."

If you're interested in joining #TeamEndo2019, please contact chris.hardwick@nhs.net before 1st April, 2019 for more information and to take this unique opportunity.

If you're interested in joining #TeamEndo2019, please contact chris.hardwick@nhs.net before 1st April, 2019 for more information and to take this unique opportunity.



BSGE Cycle Ride Team 2018

Bordeaux Report

Nadine di Donato reports for The Scope on a memorable trip to Bordeaux to learn from Professor Horace Roman and his team.

Denis Tsepov, a colleague and fellow consultant in gynaecological minimally invasive surgery had the exciting idea of visiting Professor Horace Roman in Bordeaux. We hoped to gain an overview of different surgical techniques, theatre settings and theatre staff in France. The trip also aimed to strengthen international relationships between different specialities within the endometriosis team and learn from our European colleagues .



The team from the UK comprised five people in total: Mr. Denis Tsepov, consultant gynaecological laparoscopic surgeon, Mr. Valerio Celentano consultant colorectal surgeon and myself Nadine Di Donato, consultant gynaecological laparoscopic surgeon all from the Endometriosis Centre in Queen Alexandra Hospital, Portsmouth. We were joined by Mr Chris Chan, consultant colorectal surgeon and Viorica Burea, Endometriosis CNS from the Endometriosis Centre at the Harley Street Clinic, London.



We were all incredibly excited to meet the professor and to have the opportunity to observe eight surgical cases treating women with severe endometriosis. The actual surgery in the morning started at eight am and the time between cases was only twenty minutes! Professor Roman performed four bowel resections in a single day. We had the opportunity to observe the use of Plasmajet in rectal shaving and in the treatment of ovarian endometriosis. It was an endometriosis marathon!



In Bordeaux we also had plenty of fun and delicious French food. We enjoyed an amazing dinner with oysters, entrecote and wine. The city is renowned for its wines, considered amongst the best in the world. The cultural, artistic, and music scenes are very vibrant and there are many cafés, gardens, and museums in which to taste the atmosphere of the city. The whole experience was both interesting and inspiring.



BSGE Meeting on Contemporary Management of Heavy Menstrual Bleeding

Heavy menstrual bleeding is one of the most common symptoms requiring investigation and treatment in both primary and secondary care. One in five women suffer with heavy periods and menstrual problems make up 12% of all referrals to gynaecology services. The numbers are high – but NICE believes that many more women should have further investigation.

On December 7th, the BSGE presented an all-day meeting on the contemporary management of this problem. The conference took place at the College and reflected best practice and the implications of the new NICE guidelines on HMB.

The first NICE Heavy Menstrual Bleeding Guideline was first produced in 2007 (NG44). This year it was substantially revised, in-line with recent innovations and the body of research evidence (NG 88). BSGE members were involved in reviewing the updated guideline, which was first published in February, 2018 and further reviewed in November, 2018. Some of the new recommendations are considered controversial and the guideline will have a significant impact on clinical practice in both primary and secondary care.

One of the course organisers, BSGE Vice President Justin Clark said:

“Heavy menstrual bleeding is a common problem, so the course was designed to meet the needs of professionals treating patients in hospital and the community. This was a challenge, but the meeting will provide a very important platform to discuss the controversies following the release of the new NICE guidelines.”

The HMB clinical guideline recommends that women should be offered outpatient hysteroscopy if they have HMB together with symptoms or risk factors for gynaecological conditions including submucosal fibroids, polyps or endometrial pathology, including persistent intermenstrual bleeding. NICE estimates this will lead to around 10,000 more women undergoing outpatient hysteroscopy. NICE guidelines director Professor Mark Baker said:

“Since we published our original guideline in 2007 there have been significant advances in diagnostic techniques, which have been reflected in the new guideline. In many circumstances ultrasound has been replaced with hysteroscopy as a first-line investigative test as it provides a more accurate diagnosis.”



Ertan Saridogan and Frank Willem Jansen



The BSGE meeting featured an excellent faculty, including international experts, gynaecological surgeons who contributed to the guideline, people who have criticised the recommendations and others who have provided major contributions to the scientific literature in heavy menstrual bleeding. The four sessions were chaired by Hilary Critchley, Jonathan Lord, Justin Clark and Ertan Saridogan.

Laparoscopic hysterectomy has always been a hot topic for BSGE members and the general gynaecology community. Prior to the meeting Shaheen Khazali took to the BSGE Facebook group to comment, via his personal account, on the updated NICE Guidelines:

"Hot off the press: NICE published an update on the heavy menstrual bleeding guidelines. Significant change of position on route of hysterectomy recommendation but still couldn't bring themselves to say it! Left column is the old recommendation; middle column is the new recommendation and the right column is the reason for change. Come on NICE, you can do better than that."

<p>Taking into account the need for individual assessment, the route of hysterectomy should be considered in the following order: first line vaginal; second line abdominal. (1.8.6)</p>	<p>When discussing the route of hysterectomy (laparoscopy, laparotomy or vaginal) with the woman, carry out an individual assessment and take her preferences into account. [2007, amended 2018] (1.5.18)</p>	<p>The comparison between different routes of hysterectomy was out of the scope of the protocol. The committee agreed the old recommendation is no longer valid, because the laparoscopic route is usually preferable. However, they agreed to place the emphasis</p>
--	---	---

Justin explained the NICE recommendations:

"NICE intended to provide a seamless guideline for the management of heavy menstrual bleeding from primary to secondary care. The focus was on the total management rather than the question of laparoscopic hysterectomy or conventional methods of hysterectomy.' He added 'there is now an NIHR research call which can provide significant funding for a trial to further compare and evaluate TLH compared to abdominal or vaginal hysterectomy- EVALUATE trial mark 2!."

The course covered the pathogenesis and investigation of HMB as well as its treatment and the impact on women affected. It covered the medical management, the treatment of people with haematological abnormalities and novel radiological interventions.

Of course, as a BSGE meeting, there was also plenty of debate and advice about surgical management. Renowned Dutch surgeon Frank Willem Jansen presented a talk entitled Hysterectomy for HMB: Indications and Outcomes. He told The Scope:

"The most important thing is to manage the quality of surgery. In the past that was difficult, but with the new QUSUM application, we have the mechanism to monitor the quality of hysterectomy surgery."

In the afternoon session Ray Garry asked the question 'Which hysterectomy for HMB?' and Jonathan Lord spoke about endometrial ablation. The meeting was well received by delegates from primary and secondary care, helping to explain the rationale for the new guideline and putting the recommendations for the management of heavy menstrual bleeding into context.



Dr Anne Connolly



Rezan Abdul-Kadir



Professor Marlies Bongers

Portfolio Reports

Endometriosis Centres



The Endometriosis Centres project continues to grow and gain respect. In 2018, the BSGE Endometriosis Centres Scientific Advisory Group published ground-breaking research in BMJ Open. Laparoscopic excision of deep rectovaginal endometriosis in BSGE endometriosis centres: a multicentre prospective cohort study, was the largest study of its kind in the world. Using data from the Endometriosis Centres, the study looked at nearly 5000 patients who had surgery for severe endometriosis, performed by more than 100 different surgeons in 51 different hospitals. Emma Cox, Chief Executive of Endometriosis UK welcomed the research saying it

'Clearly shows the necessity and positive effects of laparoscopic excisional surgery for women with rectovaginal endometriosis. This is proof that – done by experts in specialist centres – surgery can reduce pain and severe symptoms, enabling women to stay in work as well as improving their quality of life.'

NICE published a guideline on endometriosis in 2017. BSGE Endometriosis Centres were recognised within this. They are seen as an opportunity to deliver a specialist service nationally which should prove to be beneficial to patients and more cost effective.

Future challenges

In the future, one of the challenges will be to decide how far or how wide the scope of the Endometriosis Centres should be. There has been a great deal of international interest in developing centres. We need to understand how broad we can make the project and continue to ensure that centres are appropriately accredited.

Following successful publication, we look forward to continuing to use the database as a source of information and research output. However, data protection is a further challenge for the portfolio, accordingly we have made a decision to make all patient data anonymous.

Exemplar Videos

Exemplar videos were introduced in 2016 and have now been embedded in accreditation. The accreditation process is evolving and a minimum of 10 hours per week became mandatory for centre accreditation in 2018. Exemplar videos had to be completed by the end of December are being assessed in January 2019.

Arvind Vashisht

Chair for Endometriosis Centres

Website and Digital Governance



The new portfolio of Website and Digital Governance was created following the Council restructuring earlier this year. It was formed in response to the increased demand for digital content and the General Data Protection Regulation (GDPR) requirements.

The BSGE goes paperless

The current focus of the portfolio is developing an app in time for the ASM in May 2019. We are currently building the app together with the Society's website hosting company. Following last year's move to online registration, we are aiming for the ASM 2019 to be totally paperless. The app will be fully secure with excellent functionality. Delegates will be able to access the schedule, ask questions, vote and immediately see if there have been changes to rooms or timings. It's an exciting project that should enable members to get even more out of the conference.

Website

We continue to take website security very seriously. The website software is regularly updated and vulnerability checks are performed daily. An external review performed has also deemed our sites currently safe. All members' passwords are also encrypted to prevent information being accessed.

If you have any questions or suggestions, please get in touch.

Fevzi Shakir

Chair of Website and Digital Governance Subcommittee



Portfolio Reports

Nurse and Paramedics



I'm delighted to announce that great progress has already been made by Liz Bruen and Katharine Gale to provide an exciting and different approach to the nurses & paramedics 2019 ASM programme in May. We are looking at prudent healthcare through innovation, technology and excellence.

As with all these events, we anticipate that the programme will evolve, providing an interesting learning experience for all to benefit and learn from both in the break-out sessions and as part of the main conference. There will certainly be more inclusion and sharing of knowledge, skills and expertise for all members as supported by our President Sanjay Vyas.

Many thanks to Liz and Katharine as organising the conference is definitely a labour of love, requiring dedication and determination to ensure we meet our members educational, networking and social requirements and needs.

At the November Council meeting, our application for a second nurse to be invited to sit on the council was agreed. We are grateful to Sanjay, Atia and the Council for their support in the submission of this proposal. Voting will take place as usual, when council members have served their time. Prior to the ASM, members will be able to nominate and vote for those who wish to put themselves forward for the post.

We will be offering the Endometriosis Training Module, in September, 2019.

Caring for Women with Endometriosis, Module for Health Care Professionals will be held at The Royal Surrey County Hospital, Guildford, Surrey. Dates are to be confirmed. Module details available from:

Wendy-Rae Mitchell, CNS Endometriosis on:
Wendymitchell1@nhs.net

The subcommittee, Liz Bruen, Deb Pane, Caroline Bell and myself all look forward to meeting with you all at Celtic Manor, Newport in May.

Best wishes to all our members.

Wendy-Rae Mitchell

Chair Nurse & Paramedic Subcommittee

Laparoscopy Training



I am delighted to take over as chair of the laparoscopic training portfolio. Sameer Umranikar did a fantastic job over the last 3 years in this role. I am supported on the subcommittee by Karolina Afors and Ilyas Nikopolous who have already made huge contributions to laparoscopic training.

The BSGE has provided exceptional opportunities for training in advanced laparoscopy over the years, especially with the development of the Ethicon and Olympus ST5+ courses. Within my role as laparoscopic training chair, I aim to try and help improve the delivery of laparoscopic training courses at deanery level so that quality of teaching, equipment and models are standardized.

Myself and James McLaren, under the trainees portfolio, introduced an intermediate laparoscopy course. This is aimed at ST3-5 trainees to help develop their skills in ovarian cystectomy, salpingectomy and oophorectomy as well as an introduction to laparoscopic suturing. This course ran twice last year and a similar course will form one of the pre-congress workshops at the BSGE Celtic Manor Meeting in May 2019.

I hope to be involved in the delivery of more Intermediate Laparoscopy Courses, which we hope can be facilitated by some of the RIGs regional representatives across the country, in the future.

The RCOG/ BSGE meeting in Benign Abdominal Surgery is an annual course which took place in September 2018. There were 65 delegates, most of which are undertaking the Benign Abdominal Surgery ATSM. I will continue to run a similar 3-day course next year with some exciting new content to practical and theoretical elements

If you have any particular ideas regarding laparoscopic training and how I can help improve opportunities for all members please get in touch with me at the BSGE.

Donna Ghosh

Chair Laparoscopy Training Portfolio



Portfolio Reports

Patient Information and Guidelines



A selection of guidelines is available for members, covering a variety of subjects including consent, investigations and minimally invasive surgical procedures.

The BSGE was actively involved in setting the general standards for hysteroscopic and laparoscopic procedures. These guidelines and best practice information have been finalised and are available for our members to download together with further useful information from NICE and the RCOG.

There are a number of guidelines in the pipeline. We will soon see the release of RCOG guidelines on Laparoscopy in Pregnancy and on Morcellation. The guideline on Laparoscopic Injuries is currently under review. I will update on the progress of these on this page and in my Portfolio Report in The Scope

In the near future the Patient information and Guidelines team will be working together with the website team to create a more accessible site. We will also be looking at developing more patient information resources including leaflets and video content.

Tom Smith- Walker

Chair of Information and Guidelines Portfolio

Awards and Bursaries



BSGE offers financial support to its members through a series of awards and bursaries. We aim to achieve equal access to all members, so awards are dedicated to applicants in three specific categories; Senior members (Consultants, SAS doctors and GP Hysteroscopists), Doctors in training, Nurses and Paramedics.

There are a number of awards and bursaries available across 2019, please look at the website for all the details. To increase access and for the convenience of members, the committee now hold three judging meetings three times a year. You can apply all year around, the January application window closed on the 14th. However, new windows will be open until May and September and any applications that missed the last deadline will be rolled over for consideration then.

As in every report, I would like to emphasise that there is a high success rate for properly completed applications. Therefore get your application in early, you have an excellent chance of succeeding.

These are my tips for success:

- Stick to the criteria.
- Check the fine detail.
- Remember to forward all the relevant supporting documents.
- Chat with previous award winners to get their advice.

According to our recent audit, which was conducted in 2018, the chance of you winning an award or a bursary is 75%, therefore, there is an excellent chance of winning it if you submit a good quality application, under the criteria provided.

Kirana Arambage

Chair of BSGE Awards and Bursaries Committee



The RIGS group is one of the most active and involved parts of the BSGE. The trainee representatives work with subcommittee members from across the country.

RIGS elections

We will soon be electing a new BSGE trainee representative, James McClaren has moved to Australia for a consultant post. I'd like to thank him for all his hard work and wish him luck down under. We will also be appointing regional reps due to others stepping down.

RIGS are now selecting trainee regional reps for the following deaneries:

- East Midlands
- East of England
- Kent, Surrey and Sussex
- London (North West London / Central & North East London / South London)
- North East
- Mersey and North West
- South West
- Thames Valley
- Wessex
- West Midlands
- Yorkshire and the Humber
- N. Ireland
- Scotland
- Ireland

Trainee regional reps play an integral role within the BSGE and RIGS (Registrars in Gynaecological Surgery) as they provide useful feedback and opinions, which can be incorporated into training. Regular meetings take place together with the BSGE trainee representatives. All regional reps feature on the website and actively participate with the evolution and development of RIGS, providing a support network to BSGE trainee members in the deaneries.

A RIGS regional trainee rep can be of any level (ST1-ST7) but must be a fully paid member of the BSGE.

If you are interested in this role, please email Atia at bsge@rcog.org.uk a brief biography & why you wish to represent your deanery (max 250 words) together with a photo of yourself and which region you wish to represent by 9am Friday 1st February.

Please do not hesitate to contact us if you have any further questions.

RIGS at ASM

The first RIGS break out session at the ASM 2018 was popular and well attended. This session will feature in BSGE 2019, with a best video prize being sought from industry. We will promote all RIGS competitions to increase awareness well in advance of May 2019, so keep an eye on the website and in The Scope.

Pecha Kucha

The Pecha Kucha session has proved very popular in both Hull and Edinburgh. At Celtic Manor, the title will be 'Dragons' Den' to tie into the ASM theme of 'Prudent healthcare through innovation, technology and excellence.'

Pecha Kucha is the Japanese term for 'chit-chat', it's a short, snappy presentation format in which speakers present 20 slides, one every 20 seconds to create a concise and exciting presentation. We are inviting abstracts from medical students, trainees, non-consultant grade doctors, nurses and paramedics for the Pecha Kucha oral presentation feature. We are looking for interesting, novel and thought-provoking presentations showcasing your inventions, technological concepts or innovative ideas to advance minimal access gynaecology.

This is your opportunity to pitch your idea or innovation to captains of industry and potentially enlist their support in developing your idea in a similar manner to the Dragons Den TV series. The submission deadline is 1st March 2019 and all participants will be notified by 22nd March 2019.

The best scoring abstracts will be selected for the Pecha Kucha oral presentation session in the main programme at the BSGE ASM. Presentations will be made to a panel of clinicians and industry expert "Dragons" followed by an interactive discussion. The best-selected presentation will be awarded the 'Pecha Kucha' Prize.



RIGS Dinner

The annual RIGS dinner now has an established reputation on the BSGE ASM social calendar. It is a great opportunity to socialise, network and discuss training experiences, over a delicious 3 course meal and drinks. This years' event will be taking place at the Twenty Ten Clubhouse at Celtic Manor. This luxurious clubhouse was specifically designed to host the 2010 Ryder Cup and has an elevated position above the 18th green of the golf course. There will be a complimentary shuttle service running that evening from the hotel to the restaurant.

Karl Storz have generously continued their support. We hope that a heavily subsidised ticket price of £20 will encourage members to attend what is always an interesting and entertaining evening. Places are limited to 50 seats so we encourage you to book early when you register for the ASM.



RIGS / BSGE Intermediate Laparoscopy Course

Twenty delegates attended the course chaired by Donna Ghosh at Worcester Royal Hospital on October 18th-19th. The course was again well received with positive feedback. There is a plan to run the RIGS intermediate skills course programme condensed into one day as a pre-congress workshop at the ASM. This would continue the momentum of running the course and encourage juniors to attend the ASM.

Laparoscopic Training Mapping

Jessica Preshaw, the South West RIGS rep, has worked hard to produce an interactive map of each hospital in the UK detailing regional and local laparoscopic training opportunities including simulation equipment, laparoscopic trainers and courses, along with useful contacts within the region. This aims to support trainees make decisions regarding placement rotations and should aid decision making when applying for posts. We hope it will encourage trainees to access laparoscopic training opportunities and help drive improvements in facility provision.

A report has been submitted to RCOG assessing perception of gynaecological training amongst UK trainees according to region and training grade. Information was derived from TEF responses. The report concluded only half of all ST3-5 and just over half of ST6-7 trainees perceived they had adequate opportunity to fulfil their training requirements in gynaecology. There is poor access to box trainers or virtual reality simulators across most regions and all levels of training, with low provision of formal simulation training. RIGS and the Society will continue to work to improve access to and quality of training.



RIGS handbook

A RIGS handbook is now available. There is now written feedback from trainees at Whipps Cross Hospital who have used the RIGS handbook as a resource to develop a training programme. There will be further details about this in the next issue of The Scope.

Please get involved in RIGS, stand to become a trainee representative or a regional rep, or just join us at the dinner or the break-out session in Celtic Manor.



Angharad Jones
BSGE Trainee Representative

Facebook update

The BSGE Facebook group continues to go from strength to strength.



Tereza Indrielle-Kelly
BSGE Facebook Representative

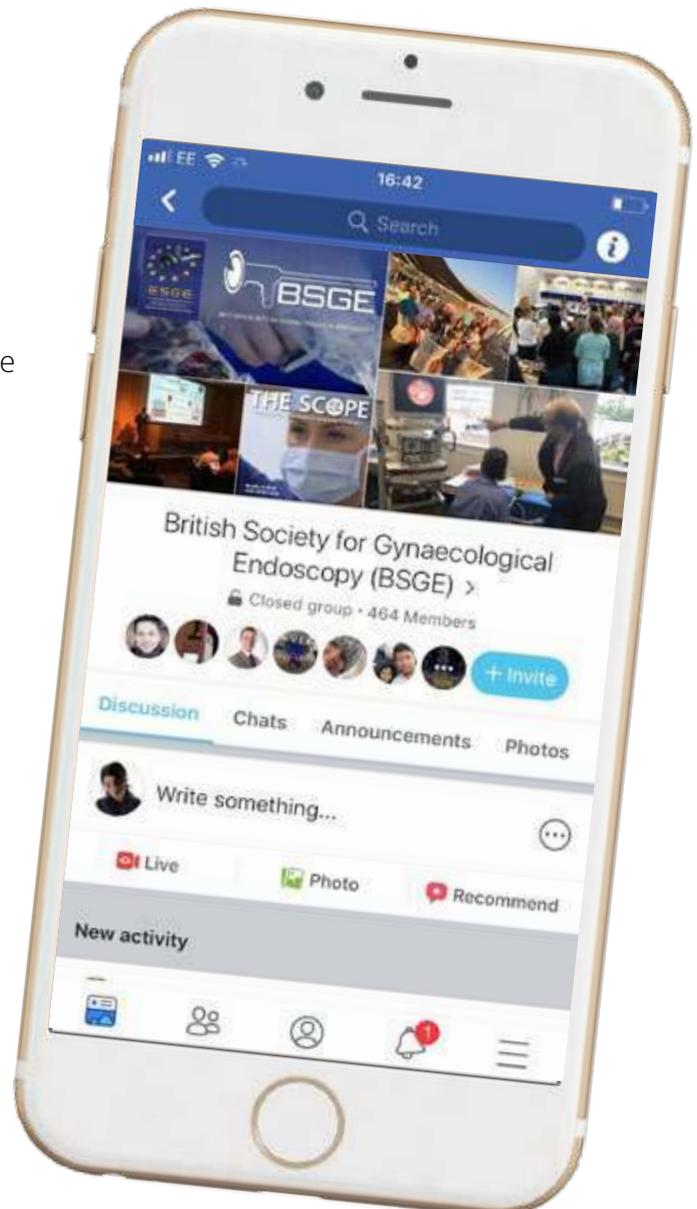
The private group now has nearly 500 members. Members share surgical videos, interesting cases, research and debate, with the conversations overseen and invigilated by BSGE Webcomms team member, Tereza Indrielle – Kelly.

Recent discussions have covered the new NICE guidelines for HMB, the article on tackling poorly selected, collected, and reported outcomes in obstetrics and gynaecology research, and favourite video-editing shortcuts and techniques.

As well as a portal for scientific and surgical discussion, the Facebook page also offers a great way for members to stay in touch and keep up to date with news and events in the BSGE calendar. The page is exclusively for members only, and to ensure security, anyone keen to join will need to click on the link and have their application okayed before gaining access. So sign in and sign on to join the debate.



Click here to to join our Facebook group



Noteworthy Articles

Stay up to date with this selection of articles that caught Rebecca Mallick's eye.

Rebecca is a recently appointed consultant in Brighton and an active member of the Webcomms Subcommittee:



Rebecca Mallick

Melamed et al. Survival after Minimally Invasive Radical Hysterectomy for Early-Stage Cervical Cancer. N Engl J Med 2018;379:1905-1914

Interesting and unexpected findings. This epidemiological study concluded that minimally invasive radical hysterectomy was associated with shorted overall survival rates when compared to open. Sure to be a controversial discussion point.

[Read more](#)

Uccella et al. Laparoscopic vs transvaginal cuff closure after total laparoscopic hysterectomy: a randomized trial by the Italian Society of Gynecologic Endoscopy. Am J Obstet Gynecol 2018;218(5):500.e1-500.e13

A large randomized trial of over 1000 patients concluding laparoscopic vaginal cuff closure was associated with less complications including dehiscence and haematoma formation.

[Read more](#)

Kargar et al. Transversus abdominis plane block under laparoscopic guide versus port-site local anaesthetic infiltration in laparoscopic excision of endometriosis: a double-blind randomised placebo-controlled trial. BJOG 2018. Epub ahead of print.

A useful RCT assessing the benefits of laparoscopic guided tap block versus local anaesthetic infiltration for post-operative pain. Both appear to be as effective in reducing post operative pain in major gynaecological surgery

[Read more](#)

Sheyn et al. Comparison of 30-day Complication Rates between Laparoscopic Myomectomy and Total Laparoscopic Hysterectomy for the Treatment of Uterine Leiomyoma in Women Older Than Age 40. JMIG 2018. Epub ahead of print.

Retrospective cohort study comparing complications between laparoscopic myomectomy and TLH in women over the age of 40. Reassuringly laparoscopic myomectomy was not associated with any increased risk.

[Read more](#)



Izett et al. Safety and efficacy of non-absorbable mesh in contemporary gynaecological surgery. *Gynecol Surg* 2018;15:20

Detailed review paper on a very topical subject and well worth a read. This paper discusses the evolution of mesh used in gynaecological procedures, its safety and efficacy and also reviews specific complications.

[Read more](#)**Roman et al. High postoperative fertility rate following surgical management of colorectal endometriosis. *Human Reproduction* 2018;33(9):1669-1676**

Reassuring findings highlighting the benefits of surgery with regards to fertility outcomes in patients with severe endometriosis.

[Read more](#)**Collins et al. Menopausal symptoms and surgical complications after opportunistic bilateral salpingectomy, a register-based cohort study. *AJOG* 2019;220(1):85.e1-85.e10**

Interesting observation cohort study of over 20,000 women undergoing hysterectomy for benign conditions. After 1 year of surgery, women undergoing prophylactic salpingectomy were associated with increased menopausal symptoms. Useful evidence when counseling patients pre-operatively.

[Read more](#)**Madhvani et al. Route of hysterectomy: a retrospective, cohort study in English NHS Hospitals from 2011 to 2017. *BJOG* 2018. Epub ahead of print.**

Reassuring UK wide data highlighting a rising trend in the minimal access approach to hysterectomy between 2011-2017, however discrepancies still exist on a regional basis.

[Read more](#)**Kim et al. Litigations Involving Ureteral Injury Related to Minimally Invasive Gynecologic Surgery: Lessons Learned from a Legal Literature Review. *JMIG* 2018. Epub ahead of print.**

Thought-provoking review article and a must read for all discussing the implications of ureteric injury and the medico-legal consequences.

[Read more](#)

Also don't forget these key articles, that have been listed in previous Scopes:

Byrne D, Curnow T, Smith P, et al. Laparoscopic excision of deep rectovaginal endometriosis in BSGE endometriosis centres: a multicentre prospective cohort study. *BMJ Open* 2018;7:e018924. doi:10.1136/bmjopen-2017-018924[Read more](#)**Saridogan et al. Joint ESGE/ESHRE/WES Recommendations on Surgical Treatment of Endometriosis. Part 1. Ovarian Endometrioma. Joint publication in *Human Reproduction Open and Gynecological Surgery*.**[Read more](#)

If you read or publish anything new or noteworthy that you would like to share with the BSGE membership then send a link to: drjanegilbert@hotmail.com

[Read more](#)

Upcoming Events

If you're planning your study leave and have already pencilled in the ASM for May 21st-23rd, Nadine di Donato has compiled a list of the other important meetings and conferences this year:



Nadine di Donato

21st Gynaecological Endoscopy Course

31 January – 2 February 2019
Lisbon, Portugal

[Click here for more info >>](#)

4th International Edition of EndoDubai

21 – 23 February 2019
Dubai, UAE

[Click here for more info >>](#)

International Society of Gynaecological Endocrinology

Hot topics of gynaecological endocrinology

1 – 2 March 2019
Budapest

[Click here for more info >>](#)

66th Annual Scientific Meeting of the Society for Reproductive Investigation (SRI)

12 – 16 March 2019
Paris, France

[Click here for more info >>](#)

The best of ESHRE and ASRM

14 – 16 March 2019
New York City, USA

[Click here for more info >>](#)

IFFS 2019 World Congress

11 – 14 April 2019
Shanghai, China

[Click here for more info >>](#)

The International Society for Gynaecologic Endoscopy (ISGE)

April 13 – 17, 2019
Cape Town, South Africa

[Click here for more info >>](#)

5th SEUD congress (Society of Endometriosis and Uterine Disorders)

16 – 18 May 2019
Montreal, Canada

[Click here for more info >>](#)

BSGE Annual Scientific Meeting

21 – 23 May 2019
Newport, United Kingdom

[Click here for more info >>](#)

AGES Laparoscopic Pelvic Anatomy Dissection Cadaveric Workshop

25 May 2019
Brisbane

[Click here for more info >>](#)

35th Annual Meeting of ESHRE

23 – 26 June 2019
Vienna, Austria

[Click here for more info >>](#)

8th Asian Congress on Endometriosis (ACE2019)

28 – 30 August 2019
Pattaya, Thailand

[Click here for more info >>](#)

11th Congress of the European Pain Federation

4 – 7 September 2019
Valencia, Spain

[Click here for more info >>](#)

13th European Society of Gynaecology (ESG) Congress

16 – 19 October 2019
Austria Centre, Vienna

[Click here for more info >>](#)

European Society of Gynaecological Oncology

2 – 5 November 2019
Athens, Greece

[Click here for more info >>](#)

48th AAGL Global Congress on MIGS

9 – 13 November 2019
Vancouver, Canada

[Click here for more info >>](#)

14th World Congress on Endometriosis (WCE2020)

8 – 11 May 2020
Shanghai, China

[Click here for more info >>](#)

Advertisement



OFFICIAL CONGRESS ORGANIZER

travel nexus.
formal yet friendly

**GLOBAL CONGRESS
ON HYSTEROSCOPY**

BARCELONA 30 April - 3 May 2019



ESGE 28th Annual Congress
6th–9th October 2019 · Thessaloniki · Greece

*See you in
Thessaloniki 2019!*

ESGE
European Society for
Gynecological Endoscopy
www.esge.org

Primum non nocere: Maintain safety
while pushing the boundaries

Ωφελειν ή μη βλαπτειν
Hippocrates, 4th century B.C.



www.esgecongress.eu



MESGE

6th
Annual Congress of
MIDDLE EAST
Society for Gynecological
Endoscopy
(MESGE)

*in
conjunction
with*

8th
Annual Congress of
TURKISH
Society for Gynecological
Endoscopy
(TSGE)

MARCH 13-17, 2019
REGNUM CARIKA CONVENTION CENTER
BELEN, ANTALYA / TURKEY

www.MESGE2019.org

BSGE Web/Comms Team

Meet our dedicated team...



**Funlayo Odejinmi
(Jimi)**
Editor



Jane Gilbert
Assistant Editor



Atia Khan
News/Admin



Rebecca Mallick
Noteworthy Articles



Suzi Hutt
Video Library



Tereza Indrielle-Kelly
Facebook



Nadine Di Donato
Events



Angharad Jones
Trainees



BRITISH SOCIETY for GYNAECOLOGICAL ENDOSCOPY

Contact Information

Correspondence address:

BSGE Secretariat, Royal College of Obstetricians & Gynaecologists,
27 Sussex Place, Regent's Park, London NW1 4RG

Tel: 0207 7726474 Email: bsge@rcog.org.uk



The BSGE



www.bsge.org.uk