





State of the Art Endoscopic Practical Skills Course & Certification Monday 6th - Wednesday 8th March 2023

2 day intensive suturing and laparoscopic skills course with GESEA certification on final day

KARL STORZ Training and Technology Centre, 415 Perth Ave, Slough, SL1 4TQ

- Practical Laparoscopic Suturing Course
- Hands on practical skills training in HYSTT, LASTT and SUTT exercises
- Limited spaces available
- Course price £550
- GESEA Certification (additional cost £250)









To register for the course please visit the link below:

https://www.bsge.org.uk/product/gesea-2023-course-fee/

To book certification level 1 or 2, please visit the link below:

https://www.bsge.org.uk/product/gesea-2023-certification-fee/



PROGRAMME



Monday 6th March

08.30-08.45

| | • |
|-------------|---|
| 08.45-09.45 | HANDS ON: Camera navigation using 30°optic |
| 09.45-10.20 | LASTT |
| 10.20-10.40 | Coffee Break |
| 10.40-11.15 | LECTURE: Rules in laparoscopic suturing — ergonomy, instruments, perfect stitch |
| 11.15-12.00 | HANDS ON: Loading the needle |
| 12.00-12.30 | HANDS ON: Continuous suture — Z line/ Greek Line |
| 12.30-13.15 | Lunch |
| 13.15-13.45 | LECTURE: Intracorporeal knotting technique — Gladiator Rule |
| 13.45-14.00 | LECTURE: Intracorporeal alternative techniques |
| 14.00-15.00 | HANDS ON: Intracorporeal suturing techniques |
| 15.00-15.20 | Coffee Break |
| 15.20-17.00 | HYSTT: camera navigation and endometrial polyp simulation |
| 17.00-17.30 | HANDS ON: Cinch Technique/extracorporeal suturing |

Welcome + explanation of GESEA certification

Tuesday 7th March

| 08.45-09.45 | HANDS ON: Hysteroscopy practice |
|-------------|--|
| 09.45-10.45 | LASTT practice |
| 10.45-11.00 | Coffee Break |
| 11.00-12.00 | HANDS ON: Stitching sequences |
| 12.00-13.00 | HANDS ON: Difficult angles |
| 13.00-13.45 | Lunch |
| 13.45-15.00 | SUTT1 and SUTT2 practice exam |
| 15.00-15.15 | Coffee Break |
| 15.15-15.45 | TIPS AND TRICKS: Exam technique |
| 15.45-17.00 | Free Practice with mentors — HYSTT/LASTT/ Suturing skills |

Wednesday 8th March

| 08.30-09.00 | Free Practice |
|-------------|-------------------------------|
| 09.00-12.00 | GESEA level 1/2 Certification |
| 12.00-12.15 | Coffee Break |
| 12.15-13.15 | Written examination |
| 13.30 | Closing remarks |