

BSGE ASM 2020: Manchester
Endometriosis Nurse Pre – Congress Training Day
22nd April 2019

Coffee & Registration: 8.30-9am

AM Programme

9am: Welcome and Introduction: *Emma Flint & Wendy-Rae Mitchell*

9.15 am – 9.45: Pelvic Pain management and alternative therapies to help pelvic pain (speaker: TBA)

9.45am – 10.45: The Vital role of the Physiotherapist in relation to Pelvic Pain (*Gemma Pilkington*)

Coffee:

11am – 11.45 Workshop: Psychosexual aspects of endometriosis. (*Wendy-Rae Mitchell & Dr Helena Mitchell*)

- Opening the discussion with patients
- Initial management strategies that the CNS can start with the patient before referral to specialist services

11.45 -12.45 Workshop: Managing and sustaining a nurse-led endometriosis service (*Emma Flint/Deb Panes*)

- Identifying symptoms of endometriosis and ensuring the best treatment pathway
- Caring for post-operative endometriosis patients in the community to improve patient flow

LUNCH: 12.45 – 13.30

PM Programme

13.00pm -14.00: Counselling/Mindfulness (*Claudia Tye - Guys Hospital, London*)

14.00 – 14.30: Contentious prescribing for women: (*Katharine Gale-Bristol*)

Tea:

14.30- 15.30: Menopause and HRT. (*Kathy Abernethy – Northwick Park, London*)

15.30 – 16.30: Leadership and management skills: – The BSGE working in Partnership with the RCN (*Dr Wendy Norton Leicester University*)

16.30 – 17.00: Questions & Discussion

Close: Emma Flint